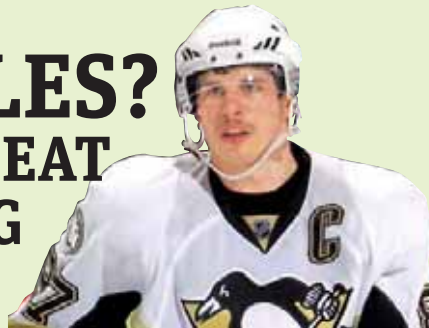


**HARDCORE APPETIZER**  
APPLE CHEDDAR  
PUFFS HAVE A  
SAVOURY TWIST {page 31}



## ALL SMILES? CROSBY UPBEAT AT TRAINING CAMP {page 32}



OTTAWA

# metro®

Wednesday,  
September 21, 2011  
www.metronews.ca



News worth  
sharing.



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# Airline, union reach deal

► Air Canada flight attendants to meet next week in Vancouver, Calgary, Toronto and Montreal to ratify tentative deal ► CUPE urging membership to accept the new contract

Air Canada reached a tentative contract deal with flight attendants yesterday, averting a strike that would have disrupted operations at Canada's biggest airline.

The Canadian Union of Public Employees said it is recommending Air Canada's 6,800 flight attendants accept the deal, details of which won't be made public until after a vote is held.

"It's business as usual and customers can continue to make their travel plans on Air Canada with confidence," Susan Welscheid, Air Canada's senior vice-president of customer service, said yesterday.

In August, the flight attendants had resoundingly rejected a tentative deal CUPE negotiated with the airline. The key areas of dispute were wages, pensions, crew rest, working conditions and work rules. The union believes it has secured a deal this time that will win member approval in about 17 days.

"The company was pretty adamant about not giving us what we wanted and I think we achieved probably 80 per cent of what our members wanted," union president Jeff Taylor said.

THE CANADIAN PRESS



► Air Canada employees rally on Parliament Hill yesterday, before a tentative deal was reached between management and CUPE, which represents the airline's 6,800 flight attendants.

SEAN KILPATRICK/THE CANADIAN PRESS

Commuter game

## Dude, where's my carpool?

► Local man touts city carpooling website because the city won't {page 4}

## Pitch battle

Soccer league's no-medal policy has parents crying foul {page 3}

## Crowd control

Overflowing Barrhaven schools could mean long bus ride for students {page 5}



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## User fees not ruled out to boost revenue

Ottawa's top doctor won't rule out user fees as a way to boost revenue for Ottawa Public Health.

Medical Officer of Health Dr. Isra Levy told the Board of Health that nothing specific has been considered, but the department is exploring the issue and all options to help balance the budget.

Levy said the city could offer more courses at a charge like the current food handler training course.

Ottawa Public Health is asking for an extra \$500,000 next year for what it calls "high need programs."

THE CANADIAN PRESS

## Single family home appeal declines

A city report released today shows people's real estate preferences are continuing to shift away from single family suburban homes to more compact development within the greenbelt.

The Annual Development Report says that in 2010 demand for single-detached homes continued to decline, accounting for 33.7 per cent of all housing starts. Townhomes (36.8 per cent) and condominiums and apartments (29.5 per cent) — mostly in downtown accounted for the remainder.

● METRO



► The Ottawa South United Boys U-12 RAGE 99 team won second place in Division 2 this summer, but the only medals they got were handmade by a parent.

# No medal policy kicks up a fuss among parents

► The same league decided U9 teams wouldn't keep scores this year, but parents created rogue websites that kept track of goals, standings



JESSICA SMITH  
@METRONEWS.CA

Deciding that it's not winning but how the kids play the game that counts, the Eastern Ontario District Soccer Association (EODSA) is not giving out medals this year, and a local soccer club says that means their kids are losing out.

"It's one of the worst examples of demotivating participants in the game," said Ottawa South Soccer

United (OSU) president Bill Michalopoulos. "What do you say to the kids? And how do you not award achievement?"

The EODSA said they decided not to award medals to focus on player development over winning, said Michalopoulos. The idea is that will improve the level of Canadian soccer over time.

"If someone says we're going to take a medal away or we're not going to keep score any more that's a

**"Some people get together in a backroom somewhere and decide not to give out medals. What do you say to the kids?"**

OSU PRESIDENT BILL MICHALOPOULOS

very superficial approach to a problem," said Michalopoulos. "You make a better soccer player

through better programs."

The OSU will hand out plaques to all players who would have normally received a medal, he said.

Jacques Barbier, a program manager with the OSU, said the kids had good reason to expect to get a medal if they won, and the decision not to award them wasn't made until the end of the season.

"There are children playing now whose fathers and mothers used to get those medals," he said.

# 1

  
news


A new study finds no easy answer to the question of what becomes of a man's sex life after prostate-cancer treatment. Scan the code for the story.

To scan 2D barcodes in Metro, download the free ScanLife app at [2dscan.com](http://2dscan.com).

On the web at [metronews.ca](http://metronews.ca)

**Whitney Cummings** talks about the similarities between her new TV show and her real life. Video at [metronews.ca](http://metronews.ca)

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04

metro

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WEDNESDAY, SEPTEMBER 21, 2011

JOE LOFARO/METRO



► Tory Roberge posts a flyer near his bus stop to promote OttawaRideMatch.com to find carpooling partners.

## Where are all the carpoolers?

► Man trying to spread the word about city-run program



**JOE LOFARO**  
@METRONEWS.CA

Frustrated the city isn't properly promoting its own carpooling program, one Ottawa man has decided to do it himself.

Tory Roberge posted flyers at his bus stop and other locations yesterday to promote OttawaRideMatch.com, a city-run program that has been trying to encourage carpooling since 2006.

He's doing it because the OC Transpo route changes on Sept. 4 boosted his cross-city commute from an hour

# 700

**OttawaRideMatch.com has just under 700 users — a far cry from the 25,000 users who registered during the OC Transpo strike in 2009.**

and 15 minutes to two hours and 20 minutes.

"It never even occurred to me to look at a carpool site until I got ticked off about this OC Transpo stuff," he said.

His search for carpool partners on OttawaRide-

Match.com has been unsuccessful, but he thinks that might change if more people know about it. Other Ottawa-based carpooling websites yielded the same results, he added.

"If they don't blatantly advertise it everywhere, no one's going to know about it," he said.

The city's transportation-demand management project officer, Alex Culley, said the website is promoted solely on Ottawa.ca.

"We don't have a significant budget for promotion for the site. It's something we'd like to do more of, though," said Culley.

### CRIME

## Trio flee home invasion

Three young men forced their way into a home on a quiet street in Nepean Monday night but left empty-handed when the man who lived there confronted them, police said.

The three men burst into the home on Erindale Drive at about 9 p.m., said police. They

forced a woman who lives there to the ground and demanded money, but her husband stood up to them, stopping the home invasion.

All three suspects are in their early 20s. Two are white, one is black, and they were wearing hooded sweatshirts at the time of the home invasion, said police.

Ottawa police are asking anyone with information to contact the robbery section 613-236-1222 ext. 5116 or Crime Stoppers at 613-232-8477 (TIPS) or 1-800-222-8477.

● METRO

## Paramedics recognized

Two Ottawa paramedics have been honoured by the Canadian MedicAlert Foundation with the MedicAlert Legends of the Call Award.

Robert Wilson and Jill deBoer were among the first on the scene after a MedicAlert member suffered an epileptic seizure at a fitness centre. They used a MedicAlert 24-7 hotline to get the patient's medical history and emergency-contact information.

● METRO



# Overcrowding may force students to old school



**SEAN  
MCKIBBIN**  
@METRONEWS.CA

Some public elementary-school students living in Barrhaven may wind up on a 40- to 45-minute bus ride to Parkwood Hills Public School next school year because their current school is overcrowded.

Parkwood Hills was closed last year as a cost-cutting measure and is empty

right now, but it will likely wind up hosting some students from Farley Mowat Public School while Chapman Mills Public School is being built.

"We know there's going to be some concerns about the added travel time," said Michael Carson, the Ottawa Carleton District School Board's Superintendent of Facilities. For many parents when it's a choice between longer time on a bus or hav-

ing their kids in portables some parents will opt for the longer ride, said Carson.

A working group has been trying to tackle the problem of overcrowding in Barrhaven schools for a year, he said.

Two consultation nights are planned in coming weeks to inform parents and find out what people think he said, but Carson couldn't say precisely when.



JOE LOFARO/METRO

## An Important Notice Regarding Your Personal Health Information

This notice is being issued to help people with diabetes or at risk of having diabetes decide whether or not they want to consent to having their personal health information shared in the Diabetes Registry and the Diabetes Testing Report.

The Ministry of Health and Long-Term Care (MOHLTC) is working to help individuals better manage their diabetes and their diabetes care. As part of this effort, eHealth Ontario is creating and will be operating a Diabetes Registry to give health care providers the ability to easily check patient records, access diagnostic information, receive patient alerts, and track the care a patient with diabetes receives. The implementation of the Diabetes Registry is a first step towards achieving a province-wide Electronic Health Record for eligible Ontarians.

The MOHLTC currently uses the paper-based Diabetes Testing Report to keep your primary care provider (physician or nurse practitioner in a Nurse Practitioner-Led Clinic) informed of when you last had the following three key tests that people living with diabetes should receive on a regular basis:

- the HbA1C blood glucose control test, which patients should receive at least every six months
- the LDL-C cholesterol test, which patients should receive approximately every year
- a retinal eye exam, which patients should receive at least every two years

In order to create the Diabetes Testing Report, your primary care provider shares personal health information, including your name, OHIP number, and date of birth with the MOHLTC. He or she will also confirm whether you have diabetes. In response, the MOHLTC will share the most recent date for each of the three key tests with your primary care provider.

Starting in Fall 2011, eHealth Ontario will begin operating the Diabetes Registry and other Electronic Health Record applications to permit health care providers to access your name, OHIP number, date of birth, and clinical information such as procedure dates and test results, in real time, when they are providing you with health care. The MOHLTC will continue to send Diabetes Testing Reports to primary care providers until they transition to the Diabetes Registry.

### Protecting Your Privacy

The MOHLTC will share your personal health information through eHealth Ontario and the Diabetes Registry with health care providers when they are providing you with health care. The collection, use, and disclosure of your personal health information by the MOHLTC and health care providers, are subject to the *Personal Health Information Protection Act, 2004* (PHIPA). eHealth Ontario is also subject to PHIPA.

Your privacy is important. You may decide that you do not want your primary care provider to disclose your name, OHIP number, and date of birth, and confirm that you are a patient with diabetes, to the MOHLTC, and that you do not want the MOHLTC to include the dates of your last HbA1C, LDL-C, and retinal eye exam in your provider's Diabetes Testing Reports.

You may also withhold or withdraw your consent so that your personal health information will not be shared with health care providers through the Diabetes Registry without your express consent.

If you do not want your personal health information shared through the Diabetes Registry and/or the Diabetes Testing Report, this will in no way affect your relationship with your health care providers, who will continue to provide health care to you.

If you previously withheld or withdrew your consent from having your personal health information included in Diabetes Testing Reports, your consent will also be withdrawn from the Diabetes Registry. However, if you previously withheld or withdrew your consent from the Diabetes Testing Report, but would like your information to be accessible by health care providers through the Diabetes Registry, you will need to reinstate your consent by following the instructions set out below.

### Deciding Not to Share Your Information

If you wish to withhold or withdraw your consent to having your information disclosed between your primary care provider and the MOHLTC for Diabetes Testing Reports and/or if you wish to withhold or withdraw your consent to having your personal health information accessed by health care providers through the Diabetes Registry, you may call **1-800-291-1405 (TTY: 1-800-387-5559)**.

If you have previously withheld or withdrawn your consent to have your information included on the Diabetes Testing Report and you do not want to participate in the Diabetes Testing Report or the Diabetes Registry, you do not need to withhold or withdraw your consent again.

If you have previously withheld or withdrawn your consent and wish to reinstate your consent to participate in the Diabetes Testing Report and/or the Diabetes Registry, you can do so by calling the number above.

More information about diabetes and the Diabetes Registry can be found at [www.ontario.ca/diabetes](http://www.ontario.ca/diabetes).



## News in brief

THE ASSOCIATED PRESS

► PETA activists  
in 2009PETA porn  
coming soon

**BAWDY.** PETA — People for the Ethical Treatment of Animals — plans to create a pornographic website to promote its animal-rights and vegan-diet message.

PETA aide Lindsay Rajt says the website will feature graphic videos and photographs. She noted PETA has used porn stars and nudity to get its message across in the past.

THE ASSOCIATED PRESS

Tory help costs  
\$90,000 a day

**CONSULTANTS.** The Harper government is paying a high-powered management-consultant firm almost \$90,000 a day for advice on how to save money.

Deloitte Inc. was hired on Aug. 15 on a \$19.8-million contract to advise the federal cabinet and senior officials.

THE CANADIAN PRESS

When a slur  
is just a joke

**ONLINE LIMITS.** Is it OK to text a slur? Most young people think it is when friends are joking around with each other, according to a new poll.

The AP-MTV poll shows they don't worry that online slurs could reach a wider audience and get them in trouble.

THE ASSOCIATED PRESS

## Tory crime crackdown

► Giant justice bill touches drugs, parolees, refugees, terrorism ► Critics say the measures just don't work

Drugs, refugees, parolees and terrorism.

The Conservative government touched them all when it introduced sweeping new criminal-justice changes yesterday.

But the Tories dismissed the cost to taxpayers and the downward direction of crime trends.

"We're not governing on the basis of the latest statistics," Justice Minister Rob Nicholson said in Brampton.

"We're governing on the basis of what's right to better protect victims and law-abiding Canadians."

Prime Minister Stephen Harper has moved to make good on an election promise to bundle a series of proposed measures as part of his self-described



SEAN KILPATRICK/THE CANADIAN PRESS FILE

"tough-on-crime" agenda.

The 110-page omnibus bill tabled in the Commons affects nine pieces of existing legislation including changes to drug laws, youth sentencing, the pardons system, detention of refugees, parole and house arrest and

anti-terrorism measures.

The government won praise from victims'-rights groups and at least two provinces.

But critics say the measures are hugely expensive and have been proven ineffective — or worse — over three

## Going down ...

► Crime rates in both Canada and the United States have been trending downward in near lockstep for at least a decade.

► Many American state governments are attempting to unravel harsh minimum-sentencing provisions and bring in more parole and house-arrest options in an effort to ease the crushing cost of incarceration.

decades of increasingly draconian "tough-on-crime" campaigns in the United States.

Many of the new provisions will increase the number of offenders facing sentences of less than two years, putting more strain on provincial jails.

THE CANADIAN PRESS

## Correction Notice.

## Updated information on Advance Poll locations for the 2011 General Election.

Advance Polls for the 2011 General Election are open between September 21 and 30, 10 AM – 8 PM local time.  
To vote in this election, you must be:

- 18 years of age or older on October 6
- a Canadian citizen, **and**
- a resident of Ontario

You can vote at any advance poll in your electoral district. To determine which electoral district you live in, visit our website [elections.on.ca](http://elections.on.ca) or call us at **1.888.668.8683**. Don't forget to take your ID and Notice of Registration card when you go to vote. For a list of accepted ID, visit our website or call us at **1.888.668.8683** (TTY 1.866.479.1118).

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For a complete list of all advance poll locations in Ontario, visit our website [elections.on.ca](http://elections.on.ca)  
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# Libyans flee siege in Gadhafi's hometown

► Ex-rebels claim control over much of southern city of Sirte ► Transitional government says it will press on with rebuilding efforts despite continued fighting

Families in pickup trucks stacked with mattresses and jugs of water fled Moammar Gadhafi's hometown of Sirte yesterday ahead of an expected new push by revolutionary forces to seize the city, as the anti-Gadhafi forces claimed progress in the battle for a city in the remote southern desert.

A commander of the new government's forces said late yesterday they were in control of most of the Gadhafi desert stronghold of Sabha after a day of fighting. The commander, Bashir Ahwaz, said most of the tribesmen loyal to Gadhafi fled the city instead of

putting up a fight, but three of his men and 19 pro-Gadhafi tribesmen were killed.

He said it would take another week for his forces to take control of all of Libya's southern desert and its borders with Algeria and Niger. Several groups of officials from Gadhafi's regime, as well as one of the dictator's sons, have fled to Niger.

Earlier, residents fleeing Sirte said they had been living under a state of siege with Gadhafi's forces preventing them from leaving, while living conditions deteriorated and the city came under constant rocket fire and NATO bombardment. **THE ASSOCIATED PRESS**

## Canada's role

Prime Minister Stephen Harper confirmed yesterday his government will ask Parliament to extend the country's military mission in Libya for three more months.

► Harper expressed confidence that would be enough time to neutralize the threat posed by ousted dictator Moammar Gadhafi, who remains at large.

► Canada's second three-month commitment expires next week.



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Joe Mobile Tech: 780 Baseline Rd, Unit 22  
RB Computing: 235 Stafford Rd W, Unit 101



FRANCOIS MORI/THE ASSOCIATED PRESS



► Graffiti depicting Libya's ousted Moammar Gadhafi is seen on a street yesterday in Tripoli.

FRANCOIS MORI/THE ASSOCIATED PRESS

► A piece of graffiti comments on the Gadhafi regime's oil policy.



## Portraits of an unpopular leader

Libyan graffiti artists are taking advantage of newfound freedom to make fun of ousted leader Moammar Gadhafi on the streets of Tripoli.

For 42 years, the authoritarian leader banned writing or drawing on public walls. Artists are now expressing themselves throughout the capital of two million people, and their favourite topic is Gadhafi and other former members of his regime on

storefronts and office buildings.

One picture mocks Gadhafi's habit of calling himself the king of kings of Africa by calling him the "monkey of monkeys of Africa."

Another shows the long-time leader's public relations officer Youssef Shakhir with a rat's tail and holding prayer beads, because people said he always held them in appearances. **THE ASSOCIATED PRESS**

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# Incoming! Space junk to hit Earth

- Clapped-out NASA satellite may smash into Canada
- But relax: Odds are it'll land in water, experts say

NASA/THE CANADIAN PRESS

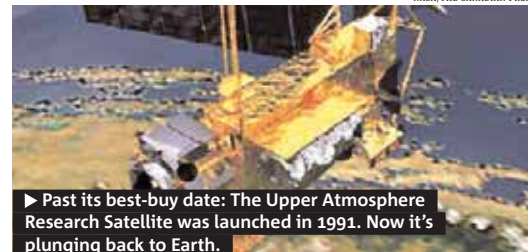
An old NASA satellite, about the size of a bus, will hurtle to Earth this week.

But the U.S. space agency says not to worry. The good news is the satellite has an estimated 3,200-to-one chance of killing or injuring someone.

The bad news is the debris could come down in Canada.

Peter Brown of the University of Western Ontario says current trajectory has the satellite landing anywhere between the 57th parallel in the north and 57th parallel in the south.

That means the only places in Canada outside the potential impact zone are the Northwest Territo-



► Past its best-buy date: The Upper Atmosphere Research Satellite was launched in 1991. Now it's plunging back to Earth.

ries and the Yukon.

Rest easy: Not only can the course change, but all indications suggest it's most likely to land in water.

"It can't be pinned down very accurately at this stage," Brown said. "Odds are it's (coming down) over the ocean."

Phil Langill of the Uni-

versity of Calgary says the odds are "very, very good" debris will land in water because the satellite spends most of its time over the oceans.

NASA said the satellite is expected to re-enter the Earth's atmosphere on Friday, "plus or minus a day."

THE CANADIAN PRESS

## VOLUNTEERS NEEDED FOR DEPRESSION RESEARCH

Psychiatrists at the Ottawa Psychopharmacology Clinic are currently conducting a research study of an investigational medication for depression. The purpose of the study is to further our knowledge about the possible treatment of depression. Study duration is 10 weeks in total. Included are a physical exam, blood tests and a psychiatric interview. All information provided will be treated in strictest confidence. To volunteer, you must be 18-75 of age, not currently in psychiatric treatment (unless you are being referred by your treating doctor), have no drug or alcohol problems and be in generally good physical health.

	YES	NO
I am feeling sad and depressed	<input type="checkbox"/>	<input type="checkbox"/>
I am having difficulty sleeping	<input type="checkbox"/>	<input type="checkbox"/>
I am feeling low in energy and slowed down	<input type="checkbox"/>	<input type="checkbox"/>
My appetite has changed	<input type="checkbox"/>	<input type="checkbox"/>
I am experiencing feelings of guilt	<input type="checkbox"/>	<input type="checkbox"/>
I have lost interest in work and pleasurable activities	<input type="checkbox"/>	<input type="checkbox"/>
I feel hopeless about the future	<input type="checkbox"/>	<input type="checkbox"/>
I feel tense and anxious	<input type="checkbox"/>	<input type="checkbox"/>
I am having difficulty making decisions	<input type="checkbox"/>	<input type="checkbox"/>
I am having trouble concentrating	<input type="checkbox"/>	<input type="checkbox"/>



**Ottawa Psychopharmacology Clinic**  
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If you have answered YES to five or more of these statements and have felt poorly for the past month, you may be suffering from depression. To be evaluated for this program please call, any time (24 hours), leave your name and phone number on our confidential voice mail:

**(613) 737-5454 ext. 225**

All information is kept in strictest confidence.

Research programs are reviewed by an ethics review board.



## Choose a toilet: His, hers or LGBT

There are three toilet options now for revellers at a Rio de Janeiro shantytown's samba HQ: His, hers and LGBT (lesbian, bisexual, gay and transsexual).

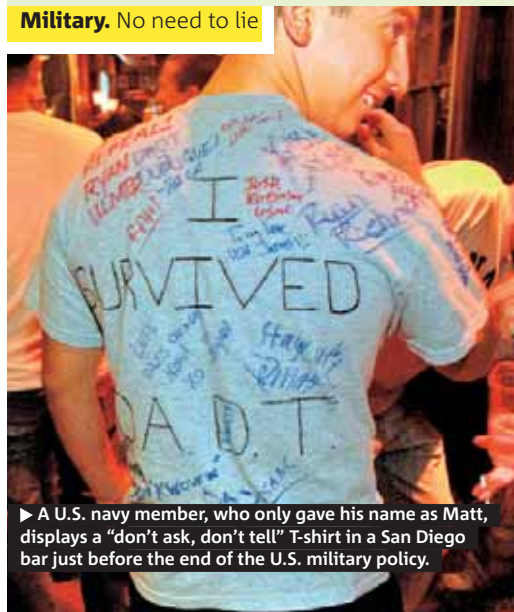
The president of the Rio samba group says the third option was added at the request of its transsexual members. Roberto dos Santos says women didn't like transsexuals using their bathroom, but they faced threats if they used the men's.

The group's carnival director, Carlos da Silva, hails the new option made available this week. He says people of all sexual orientations are more comfortable this way.

But the head of an LGBT-rights group, Marco Prado, says prejudice should be openly discussed instead of avoided by creating a separate bathroom.

THE ASSOCIATED PRESS

**Military.** No need to lie



► A U.S. navy member, who only gave his name as Matt, displays a "don't ask, don't tell" T-shirt in a San Diego bar just before the end of the U.S. military policy.

GREGORY BULL/THE ASSOCIATED PRESS

## U.S. gay ban shot down

After years of debate, the U.S. military passed a historic milestone yesterday with the repeal of a ban on gays serving openly in uniform. U.S. President Barack Obama said the ban had forced gay and lesbian service members to "lie about who they are."

"So ... what do you want to be when you show up?"



Chris Ford DTM  
Past President of Toastmasters International

"When we think of our career aspirations, we often use a specific name or a title, such as lawyer, construction technician, director of research, sales representative, and so on. This presentation will challenge you to think more broadly about the attributes and qualities you want to develop throughout your career, regardless of your unique expertise or field of practice."

Our featured presenter is Chris Ford, a Past President of Toastmasters International, who will share insights and practical examples from his 45 years of career experience in the Canadian Forces, the Public Service of Canada, private enterprise, and volunteer leadership."

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Where: Kaminski Room, Parkdale Clinic  
Ottawa Hospital Carling Campus  
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## News in brief

## Canadians travelling less

**TRAVEL.** Canadian residents made five million trips abroad in July, down 0.4 per cent from June. Statistics Canada reports residents from abroad took two million trips to Canada, also down 0.4 per cent.

Canadian residents took 1.8 million overnight trips to the U.S. in July, up 2.2 per cent. Travel by U.S. residents to Canada was down 0.5 per cent to 1.6 million trips.

THE CANADIAN PRESS

## Doubt over Italy's stability

**DEBT.** Standard & Poor's cast more doubt over the stability of both Italy's government and its finances yesterday, when

it downgraded its credit rating and cited political weakness as key risks.

The Italian government criticized the downgrade as politically motivated. Authorities in the U.S. and the European Union have also done so, angered by what they consider a counterproductive move when they are trying to contain worries about sovereign debt.

THE ASSOCIATED PRESS

## Conservatives resist stimulus

**ECONOMY.** The Harper government is resisting calls for a second round of stimulus — for now — after a leading international organization warned of a global slowdown and Canada's central banker voiced concern.

New Democrats blasted the government yesterday for refusing to act in light of the grave risks facing Canada.

THE CANADIAN PRESS

## Walmart takes on Target

► Walmart's focus is on keeping prices lower than local rivals ► On average, goods cost 10 per cent less

Walmart Canada will target urban shoppers in its purchase of former Zellers stores under a deal with rival Target, as it also ramps up plans for renovations ahead of its competitor's arrival on Canadian soil.

David Cheesewright, chief executive of Walmart Canada, said yesterday the locations of the up to 39 stores it will acquire from Target will be revealed in the next few days.

Although the locations have been passed over by Target under its \$1.8-billion deal with Hudson's Bay Co. to acquire the leases for up to 220 Zellers locations, Cheesewright said he's satisfied they are desirable.

"We'll only be focusing on sites where we don't have a Walmart nearby or it gives, particularly in urban areas, people access to Wal-



JUSTIN SULLIVAN/GETTY IMAGES

► A Walmart customer enters a store in Oakland, Calif.

mart who would have to drive a long way before," he said in an interview.

As for Target's 2013 Canadian launch, Cheesewright said Walmart isn't threatened because the retail landscape is al-

ready ultra-competitive. But he does concede that Walmart will "make a few tactical tweaks."

The chain's priority is developing supercentres, one-stop shops that offer groceries, low-priced cloth-

## Competition

- Walmart believes it has an advantage over Target because it has had 17 years to adapt to Canadian cultures and demands.
- Analysts say Walmart stands to be the biggest loser from Target as the two stores have the greatest overlap.
- Target will take over existing Zellers stores, as Walmart took over Woolco stores in 1994.
- Walmart's key competitors include Shoppers Drug Mart, No Frills and Canadian Tire.

ing and household items. It has 148 supercentres in Canada and plans to revamp 40 more of its 330 stores over three years. It is also opening a trial small-store location in Toronto to test whether shoppers will visit a smaller format Walmart store. **THE CANADIAN PRESS**



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## Canadians going wireless

Several million Canadians will have only cellphone service by the end of the year as they increasingly ditch their more expensive landline telephones, suggests a new study.

About one in seven households — or two million in total — will have just cellphones by the end of 2011, the Convergence Consulting Group said yesterday.

"This is happening because prices have come down so radically," said

Brahm Eiley, co-founder of the consulting firm.



Established wireless carriers Rogers, BCE and Telus started cutting prices on their discount-brand cellphones in 2008 — in some

cases by more than 50 per cent, Eiley said.

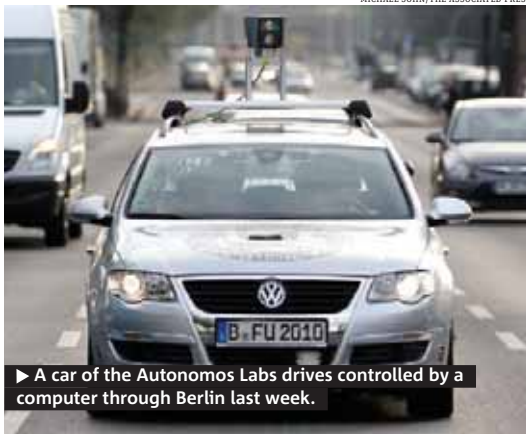
New players like Wind Mobile, Mobilicity and Public Mobile have also added "all-you-can-eat" voice plans, he said. "So in effect, it's cheaper to have a wireless phone than it is to have a wireline phone," Eiley said.

Such trends are common in Europe, the U.S. and other parts of the world, where many younger consumers are choosing wireless service. **THE CANADIAN PRESS**

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► A car of the Autonomos Labs drives controlled by a computer through Berlin last week.

# It's the car of the future

► Driverless car designed by German researchers hits the streets ► Prof says fully automatic cars could be available for consumers in a decade

It can talk, see, drive and no longer needs a human being to control it by remote. The car of the future — completely computer-controlled — is on the streets of Berlin.

All summer, researchers from the city's Free University have been

testing the automobile.

The vehicle manoeuvres through traffic on its own using a sophisticated combination of devices, including a computer, electronics and a precision satellite navigation system in the trunk, a camera in the front, and

laser scanners on the roof and around the front and rear bumpers.

"The vehicle can recognize other cars on the road, pedestrians, buildings and trees up to 70 metres around it and even see if the traffic lights ahead are red or green and react accordingly," explained Raul Rojas, the head of the university's research group for artificial intelligence.

"In fact, the car's recognition and reaction to its environment is much faster than a human being's reaction."

The scientists have worked on their research car, a Volkswagen Passat worth US \$551,800 with lots of built-in special technology, for four years.

Several other groups have also been working on such technology recently, notably Google, which has been testing a robotic Toyota Prius in Nevada.

"There's a big trend for completely computer-con-

**"All in all, one can definitely say that computer-controlled cars will be much safer than human drivers... Especially if you keep in mind that most of today's accidents are caused by human error."**

**FERDINAND DUDENHOEFFER, A PROFESSOR FOR AUTOMOTIVE ECONOMICS AT THE UNIVERSITY OF DUISBURG-ESSEN**

trolled cars — many companies and research centres in several countries are working on it and it is hard to say, who's got the most-developed vehicle at the moment," Ferdinand Dudenhofer, a professor for automotive economics at the University of Duisburg-Essen, said.

**THE ASSOCIATED PRESS**

## Tims truly exports itself

Tim Hortons' new Dubai location represents "the first true export of the brand," CEO Paul House said yesterday, but even after the outlet opened its doors to crowds of Canadian expatriates Saturday, the chain is not rushing toward a global presence.

"It's a historic moment," House said.

Though the chain has already opened extensive operations in the U.S., self-serve kiosks in the U.K., and a temporary location at the Kandahar Airfield in Afghanistan, this store is its first full-serve restaurant outside of North America.

The menu is identical, and although Dubai is a "mature" coffee market, with many Starbucks, Tims sees opportunity in its value-priced food options not readily available in the region, House said.

**THE CANADIAN PRESS**



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## Market moment

<b>Dollar</b>	<b>Natural gas</b> 1,000 cu ft
	\$3.85 (+ 1.9¢)
- 0.40¢ (100.64¢ US)	<b>Gold</b> contracts
	\$1,809.10 (+ \$30.20)
<b>Oil</b>	<b>TSX</b>
+ 1.19¢ US (\$86.89 US)	+ 37.84 (12,209.88)

### GREEN ENERGY

## Financing needed, says Bill Clinton

Former president Bill Clinton said yesterday that the success of the alternative energy movement is hampered by a lack of financing. His comments came as world leaders attending his annual philanthropic

conference expressed fears about rising seas.

The ex-president's three-day Clinton Global Initiative for VIPs with deep pockets began with a frank discussion about addressing global climate challenges, co-hosted by Mexican President Felipe Calderon and South African President Jacob Zuma.

There was a sense of frustration among the world leaders over the

failure to create a legally binding world agreement on carbon emissions.

Pointing to Germany's successful creation of solar energy jobs as a model for other nations to emulate, Clinton said the main issue with green energy is a lack of proper funding.

"This has to work economically," he said. "You have to come up with the money on the front end."

**THE ASSOCIATED PRESS**

## Governments 'must act swiftly': Bank of Canada

Bank of Canada governor Mark Carney is issuing a call to action to governments and laying partial blame on their ineffectual responses so far for taking the world to the precipice of a new recession.

In a hard-hitting speech to a business crowd in Saint John, N.B., Carney said yesterday the combination of sovereign debt worries and bad politics have sapped investor confidence.

"The combination of high debt loads and unpredictable politics is toxic," he said.

The no-nonsense language highlights the importance Carney gives to the upcoming meetings of the G20 finance ministers and International Monetary Fund later this week. But it also underscores the gravity of the situation as he sees it.

Europe's fiscal and debt problems are serious but fixable, but governments must act swiftly to fix them, he said. He said the U.S. is

### Projections

- IMF projected growth for this year to be 2.1 per cent, while downgrading economic expectations for much of Europe and the United States.
- Bank of Canada governor Mark Carney says if a new shock occurs, the Bank of Canada has the tools to boost our economy.

not doomed to suffer another recession, but the risks have clearly risen and squabbling politicians are making matters worse.

While these problems — and solutions — lie mostly outside Canada, Carney said that the Canadian economy will not skirt by unscathed. The economy is being damaged through a tightening of financial conditions and a slowdown in growth, particularly with in the export sector.

**THE CANADIAN PRESS**



# GINGER-SPERM BAN TURNING SOME HEADS

JUST  
SAYIN' ...

PAUL SULLIVAN  
METRO



Redheads are special.

I know. I've been married to one for 33 years come Oct. 6. They're fiery, fierce, funny and fantastic. The air crackles as they walk down the street.

Some even come with an added bonus: freckles. I defy anyone to resist the charms of a fat-faced, green-eyed, red-headed mopet adorned with freckles.

It can't be done.

So what's with the world's largest sperm bank, the Danish firm of Cryos

International, turning red-headed donors away? Apparently the demand for green-eyed red-headed moppets adorned with freckles has dropped off, except in Ireland, where red-headed sperm sells like hotcakes according to the director, some guy named Ole (not to be confused with Olé, which ain't Danish).

The Irish breed as many redheads as four-leaf clovers, but there are also up to 18 million redheads in the U.S.A.,

and Scotland is the epicentre, where 13 per cent of the population sports a carrot top. But as the petri dish becomes the next cradle of humanity and people can choose their hue, redheads are in danger of being engulfed in a colour-biased wave of brown, black and blond.

The problem is obvious. Red-headed babies have an immediate high profile. It's impossible for them to blend in, to become part of the faceless crowd, as they shine like a copper star wherever they go. Most parents are inherently conservative. They don't want to raise kids who stand out just by standing there.

Why else would you name your kid Madison? Because all the others kids are called Madison.

You can't call a redhead Madison. That's a brunette name. A redhead is called Fergie, or maybe Gus. And definitely Colleen.

Take it from me. As you can tell from the photo that accompanies this column, I should be considered completely neutral on matters of hair. I'd be happy to have some, period. I dimly remember having brown hair, which clogged the drain for a few years before making an early exit. I think I'm what they call Black Irish, which is ridiculous as 99 per cent of me is pink, especially with prolonged exposure to the sun. Most redheads aren't so good in the sunlight either, as they don't need the competition.

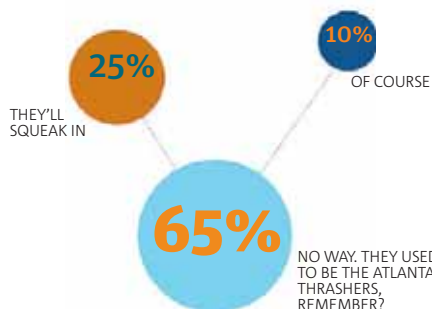
We simply can't allow redheads to be eclipsed by reproductive science (talk about an oxymoron). We should all join the Red Headed League: Redheads of the world unite! It's time to stick up for the right to stick out.

Read more of Paul Sullivan's columns at [metronews.ca/justsaying](http://metronews.ca/justsaying)



Register at  
[metropolitanpanel.ca](http://metropolitanpanel.ca)  
and take the quick poll

Do you think the Winnipeg Jets will  
make the playoffs in their first season?



## Local tweets



We asked:  
What does  
2031 look like  
to you?

- ▶ @AltheWhite: #metrofuture 2031. #Leafs playoff drought now longer than avg Americans' life expectancy. #help
- ▶ @QueenofGhetto: #metrofuture looks scary & hairy. 2031: I'll be in full scale menopause and my yet to be born kids on the brink of greatness!
- ▶ @miccalicious: I fear the future yet hope for the best. I want humans to move forward and make the right decisions for this Earth. #metrofuture go green
- ▶ @kevinmcdougald: North America will feel distinctly insecure in 2031 as Asia takes over as the world's most important continent. #metrofuture
- ▶ @drcru: In 2031, George Lucas 2.0 has just released a new version of the Star Wars Boxset. The entire cast has been replaced with CG. #metrofuture
- ▶ @ahhlisseeeahh: like the jestsons #metrofuture
- ▶ @PapaPlumbing: #metrofuture ours is to have a clean shoreline

## Worth Mentioning

**AVATAR.** The Walt Disney Co. said yesterday it has agreed on an exclusive deal to build attractions based on James Cameron's Avatar at its theme parks, starting with its Animal Kingdom park in Orlando, Fla.

Construction is set to begin in 2013 and is expected to be finished about three years after that.

The Avatar attraction is to be an immersive land spanning several acres and will cost less than half of the estimated \$1 billion US it cost to expand Disney California Adventure Park, or around \$400 million US.

CEO Bob Iger made the announcement at a news conference yesterday.

Cameron, who is working on the second and third instalments of the top-grossing film of all time, said the attractions would be a way to bring the lush world of Pandora to life, and would include animatronics and potential multimedia shows that use 3-D and holographic technology.

"This is a pretty darned exciting project," Cameron told reporters.

THE ASSOCIATED PRESS

## Cartoon by Michael de Adder



## WEIRD NEWS

## Something missing in the audience ... oh yeah, men

Turkey has come up with a radical solution for tackling crowd violence at football matches: ban the men and let only women and children in.

Under new rules approved by Turkey's football association, only women and children under the age of 12 will be admitted to watch games — for free — involving teams which have

been sanctioned for unruly behaviour by their fans.

Yesterday, women formed long lines around Fenerbahce's Sukru Saracoglu stadium.

The game kicked off with Fenerbahce and Manisaspor players hurling flowers at the spectators. The visiting team was greeted with applause, instead of the usual jeering.

Fenerbahce was sanctioned by the association in July following trouble by fans who also attacked journalists for what they regarded as critical coverage of a match-fixing probe that involves the league champion.

Fenerbahce president Aziz Yildirim is among 30 suspects detained in the case.

THE ASSOCIATED PRESS



- Taylor Lautner looks to shed his werewolf image with his first solo project
- The teen heartthrob promises to keep our pulses racing in his new flick

# The 'next Tom Cruise'

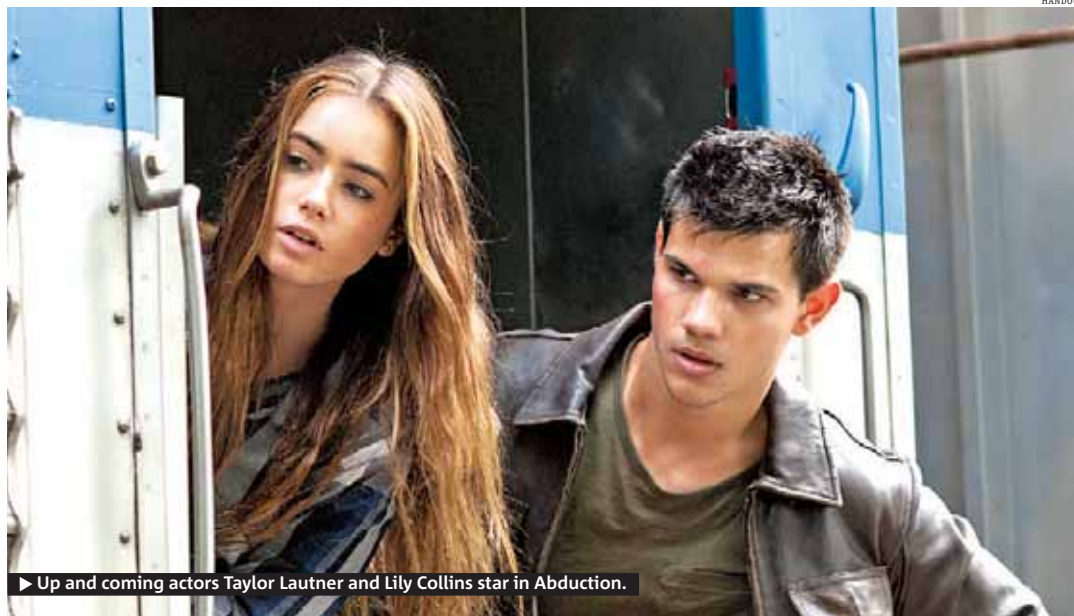
**SASHA PERL-RAVER**  
SCENE@METRONews.CA  
METRO WORLD NEWS IN HOLLYWOOD

If you ever find yourself searching for the room where you're scheduled to interview Taylor Lautner, look for the one with the duo of hulking security guards suspiciously eyeing every room service attendant or housekeeper that walks down the hall. That's the place.

It makes sense that Lautner would need to take certain precautions given that he's been an international megastar since the age of 16, thanks to a little something called *Twilight*.

Now at the ripe old age of 19, with his time as werewolf Jacob Black wrapped on the final installment of the series and set to come to an end in November 2012, Lautner is looking to grow from teen idol to leading man with his first solo project, *Abduction*, an action adventure helmed by John Singleton.

As grateful as Lautner is for the success of the



► Up and coming actors Taylor Lautner and Lily Collins star in *Abduction*.

*Twilight* franchise, one has to wonder if he isn't more than a little excited to escape certain byproducts of the series' success, like the hysterical screaming teens that swarm him wherever he goes.

Asked if he ever grows weary of hearing shrieks, he shakes his head.

"I love that noise," he smiles. "We feed off of their energy. When we walk into a room, an auditorium or a red carpet and there's thousands of fans screaming, it really gets us pumped. I remember the first time we ever heard it was at Comic Con

for *Twilight* and we were like, 'Whoa! What is going on?' But now we're kind of used to it. We love it."

Leaving the *Twilight* series behind and embarking on more mature roles, Lautner has been hailed as "the next Tom Cruise," a distinction he embraces with a "Gee, shucks, me?" attitude.

"Tom Cruise has been my idol my entire life. I love his career path, his choices, so to have a tenth of the career Tom Cruise has had would be a dream for me," he offers shyly.

One thing Cruise and

**"Tom Cruise has been my idol my entire life. I love his career path, his choices, so to have a tenth of the career Tom Cruise has had would be a dream for me."**

TAYLOR LAUTNER

Lautner have in common, besides those delightfully toothy grins, is a love of performing their own stunts.

As an accomplished martial artist, Lautner is extremely physically ca-

pable and was thrilled to tackle the action sequences of *Abduction*, which included boxing, riding on the hood of a careening car and sliding down the sheer glass face of an escalator overhang.

"When I hear about the stunts that my character is going to do, I want to do them myself," Lautner beams.

"Selfishly, they sound fun, but our goal with this movie was to make it seem as real and grounded as possible and it always helps when the real actors are doing the stunts."

# 2

  
scene

## Scene in brief



Canadian singer J.D. Fortune says he's no longer a member of the band INXS and that the split is amicable. In a post on his blog yesterday, Fortune says he was not fired and didn't quit, but that the band will continue without him. He says he's now developing "several exciting projects as a solo artist."

THE CANADIAN PRESS



New HBO documentary shines a rare light on influential Hispanics in The Latino List

## Film synopsis

► *Abduction* is "a thriller centred on a young man who sets out to uncover the truth about his life after finding his baby photo on a missing persons web-site," according to IMDB.

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# 'Hey, I'm Jonah and I'm in this movie. ...I hope you accept me.'

► Hill talks about his dramatic turn in *Moneyball* and his dramatic weight loss ► He regrets that the second story is not that interesting



PAT  
HEALY

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METRO WORLD NEWS IN BOSTON

Jonah Hill is understandably a little hoarse when we meet up with him at the Four Seasons Hotel in Boston. The night before, he had been partying with the staff of the Harvard Lampoon in nearby Cambridge. "Oh my gosh, one of the best nights of my entire life," he says.

He gets a little starry eyed. "It was very inspirational because not only have a lot of the great comedy writers of our time and before passed through there and were a part of that organization, but it was inspirational and moving in that I always felt like, displaced a lot. Because there weren't very many film people or comedy people really in my high school and college was kind of the same. I just would have felt so at home there. I got the feeling that gosh, I just felt like I would have thrived in that environment."

Regardless of oppressive environments of his past, Hill is thriving. He is starring in his first dramatic role, playing opposite Brad



MELINDA SUE GORDON

► Brad Pitt, left, and Jonah Hill star in *Moneyball*.

Pitt in the film adaptation of Michael Lewis' 2003 book, *Moneyball*.

**I know you must be sick of talking about your weight, but could you give me a *Cliffs-Notes* version?**

I completely understand people's interest in it. I went to a nutritionist. I wanted to be healthier. It's really as simple as that. It's not that talking about it bothers me; it's just how uninteresting my answers are. I wish I had something more interesting to say.

**At the Video Music Awards you made a crack that "people keep saying, 'now that**

**you've lost weight, you're probably not funny anymore.' And then you go and do a dramatic film!**

I just like all kinds of movies. To me it's about making good movies. I'm lucky enough to spend my life doing this, and I'd like to it when I'm an old man. I'd like to have a few DVDs — or whatever space technology they have — to show to my grandkids and go, "This is what I spent my life doing." Hopefully there's three or four in there that are just worthy of having said I spent my life doing something...

**At what point did you know**

**you wanted to try a drama?**

I think I've always wanted to take this turn — it just had to be the right thing. ... With all these talented people, I mean it was a no brainer. The truth is I feel very similar right now at this moment in my career to how I did when *Superbad* was coming out, because *Superbad* was my introduction to people. I was this underdog, an unlikely star. I was not famous and I was the star of this big motion picture.

I was saying 'Hey, I'm Jonah. I'm in this movie. I'd like to do more of this and I hope you accept me.' And I got really lucky and it was really popular. But now when I'm in a comedy, you hear, "Jonah Hill is in a comedy," and it's not unexpected anymore. It's completely expected, and I feel grateful and lucky for that.

So now I feel the same way because I'm re-introducing myself by saying 'Hey, I'm Jonah and I'm in this different kind of movie that you're definitely not used to seeing me in, a different kind of performance. And I'd like to do more of this and I hope you accept me.'

## MATH IN MOVIES IN FOCUS

RICHARD CROUSE

SCENE@METRONEWS.CA



**T**wo plus two equals four isn't really a compelling idea for the plot of a movie, but filmmakers have often turned to mathematical concepts as the basis for a story.

The Coen Brothers focused an entire film around the Uncertainty Principle in *Quantum Mechanics*.

In *A Serious Man* Prof. Larry Gopnik (Michael Stuhlbarg) teaches his classes the principle, but desperately wants to believe, despite the equation, that life makes sense.

It's not a movie about wave-particle duality and the DeBroglie hypothesis — it's a very human story about a man searching for answers — but the math is crucial to the story.

The same holds true for *Moneyball*, the new Brad Pitt movie opening this weekend.

The story of a baseball team's general manager who uses algorithms and computer-generated analysis called sabermetrics to draft his players is

n't strictly about the math, but the story wouldn't be the same without it.

A *Beautiful Mind* shows how mathematician John Nash, played by Russell Crowe in the role that won him an Oscar, would visualize math problems in order to identify patterns and solve equations.

The Hangover uses a similar trick. At a Las Vegas casino Alan (Zach Galifianakis) counts cards at a blackjack table as mathematical equations appear on the screen.

In reality none of the equations — like the Fourier theory of additive synthesis — have anything to do with cheating at cards, but it's a funny scene that inspired the Facebook page "Alan from The Hangover makes math seem AWE-SOME."

The Da Vinci Code famously uses the Fibonacci sequence — 1 - 1 - 2 - 3 - 5 - 8 - 13 - 21 — as a key to unlock the movie's mystery and Cube sees people trapped in a giant cube with mathematic problems as clues to their salary.

The John Astin comedy *Evil Roy Slade* features some frontier math. Schoolteacher Betsy asks Roy, "If you had six apples and your neighbour took three of them what would you have?"

"A dead neighbour and all six apples," he replies.

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**Celebrity tweets**


Surrounded by friends and watching the premier of Two and a Half Men. Odd... But cool...! So far a lot of laughs!! Nice...



@charliesheen

Tomorrow is the last day of our shoot of This Is Forty. It has suddenly gotten very sad around here. I am proud of our team. We gave our all

@JuddApatow



@Slash



Even better the 2nd time. Easily best comedy of the year.

Watched Bridesmaids for the 2nd time on the way back to LA.

@SarahKSilverman



outfits

Let's all make a pact to stop dressing our toddlers in sexy

# Entourage will hit big screen

There's been speculation about an eventual Entourage movie now that the HBO series has ended, and executive producer Mark Wahlberg is happy to confirm it.

"Yes, for sure. Yes," he tells Hollyscoop when asked if the jump to the big screen is taking place. Wahlberg says that all the events of the series finale leave the characters "teed up for a movie."

There's no word on when the film would go into production at this time.

● METRO



▶ Mark Wahlberg

# Williams has dreams of not acting



▶ Michelle Williams

Despite the acclaim she's been receiving for her upcoming films, Michelle Williams admits she's been fantasizing about leaving acting behind.

"I often dream of quitting acting. Walking away and becoming a laundress or a sous chef, or maybe writing other people's love letters for a living," Williams tells Hobo magazine.

"Clearly, I don't like to be in charge."

But don't go writing the My Week with Marilyn star off just yet, as she admits that "thinking of quitting is just keeping going in disguise." ● METRO

# Charlie Sheen changes tune

▶ Troubled actor is being pretty nice about his old show — could it have to do with his sweet payout?

Charlie Sheen has been making nice with his former show, Two and a Half Men — offering kind words at the Emmys and tweeting about watching the season 9 premiere — and now we know why.

Sheen has reached a settlement with Warner Bros. over his dismissal from the show earlier this year, and according to TMZ the actor will get an immediate \$25 million payout, plus about \$100 million in syndication profits over the next 10 years.

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▶ Charlie Sheen

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# 3 life

## Travel in brief



Google is elevating the quality of its search results for airline tickets. Its revised approach to airfare queries appeared Tuesday in a newly opened "flights" section of Google.com. It provided the first glimpse at how Google intends to use the tools it picked up from its \$676 million purchase of leading airline fare tracker IATA Software.

THE ASSOCIATED PRESS



After taking top prize on TV show, chef serves winning meal at restaurant.

# Let loose in the Arizona desert

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Your first day in Arizona, in the heart of the Sierra Ancha's stones, try gearing up with a wetsuit and a helmet to inspect the Salome Canyon underworld. Scramble and swim in some of the most spectacular natural playgrounds in the world. At times down in the canyon, you will be able to touch both granite walls rising 200-feet above you and rappel a 40-feet rushing waterfall.

Spend a divine night at the luxury Royal Palms Resort and Spa, and wake up early to climb the Camelback Mountain in Phoenix. Imagine the sensation of making one with the mountain, of floating like a bold eagle above the rocks while admiring the sunrise on the city. Take the afternoon to go deeper in the Sonora desert and hike among the boulders.

Get on your mountain bike on the third day and

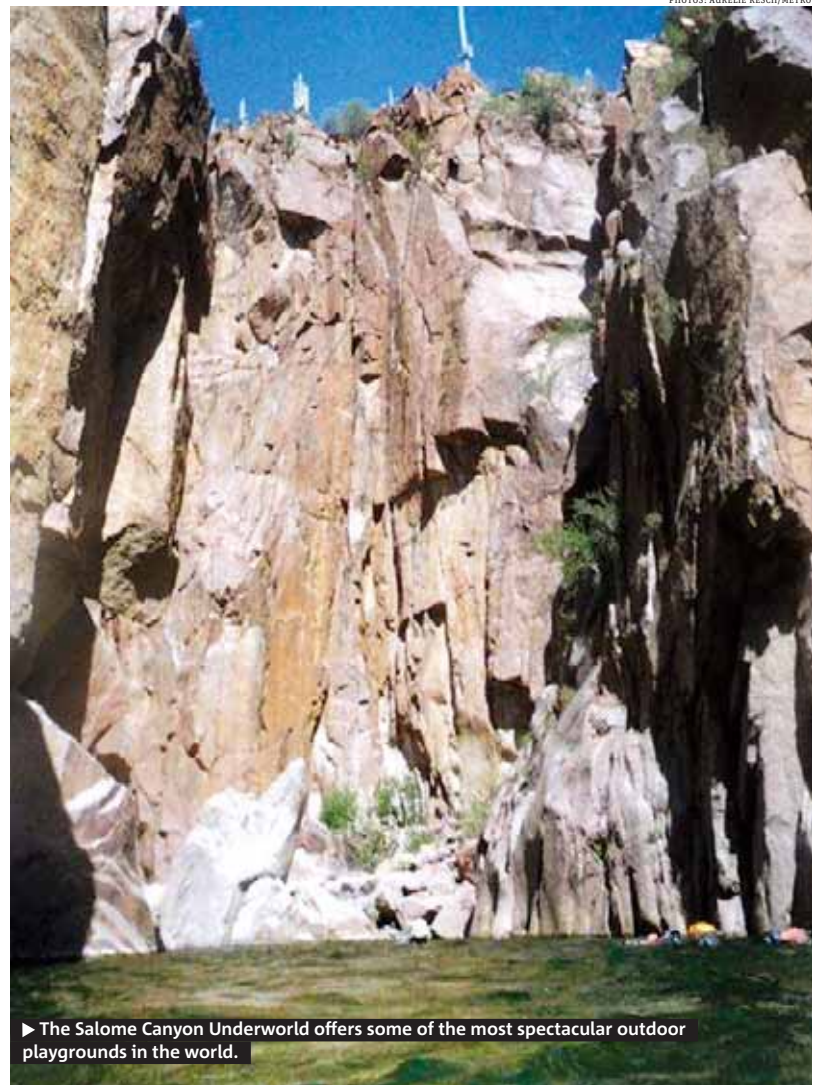
## If you go

- Canyoneering, climbing: 360-adventures.com
- Mountain biking, kayaking, hiking: aoa-adventures.com
- Grand Canyon flying: westwindairservice.com
- Horseback riding: wsranch.com

race among cacti and other unwelcoming, yet beautiful spiky trees in McDowell Regional Park. Make sure not to step on a rattlesnake or a tarantula nest; they abound in the area. Unwind in the afternoon, kayaking on the gentle stream of the Salt River, where you might come across wild mustangs.

On day four, you will board a Cessna (a four-seater plane) to fly over the Grand Canyon. In the Grand Canyon National Park, sore muscles permitting, you will embark on a 1200-foot descent down the canyon. It's a spectacular trek through more than 40 million years of geological history.

Save a day to drive down to Tucson and live among cowboys for a while at the White Stallion Ranch.



PHOTOS: AURELIE RESCH/METRO

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It may not have all the bright lights and packed beaches

of Honolulu, but Hawaii's Big Island is a very cool place in its own right. It's also a very hot place ... as in liquid hot magma hot!

Literally millions of tourists flock to the famous Kilauea Volcano every year, making it the most-visited tourist attraction in Hawaii, eclipsing even the Pearl Harbour memorial on Oahu.

After leaving the city of Hilo, and climbing 4,000 feet straight up, my first

reaction after arriving at Kilauea was just how black and barren it is. Hundreds of miles of black rivers of lava flow frozen in time, flooding the landscape.

Always one to bring back a memento or two, I decided to break myself off a few tiny pieces of black lava to bring home as a souvenir. I soon found out this is a very big no-no! A park guide soon rushed right over and insisted I empty my pockets of the new-found rubble.

It seems ancient tradition dictates that taking any lava rocks away from the sacred volcano site will bring horrible luck and great misfortune to any poor soul that does so. In fact, there is a huge pile of returned lava rocks at the entrance of Volcano National Park put there by people who made the mistake of not heeding the warning!

Despite the fact there is



► The Kilauea Volcano has been constantly erupting since 1983.

enough erupted material there to pave a road around the world three times over, those rocks stay put... forever.

The Kilauea Volcano has been constantly erupting since 1983, and it really is a thrill to be right there in the thick of it!

It's also considered the most dangerous volcano in the U.S., so admittedly I was treading a bit gingerly

as I approached the actual fire show. What followed was one of the most amazing sites these jaded eyes have ever seen.

Huge rivers of red-hot liquid lava flowing slowly down cliffs, and then suddenly exploding in huge plumes after making contact with the ocean. This is a place everyone should make a pilgrimage to. Just don't steal the rocks!

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# Start the search in September. Seriously.

## STUDENT VOICE

**TOMMY TAM**  
TALENTEGG.CA

Most college and university students start their summer job search in February. But actually, job searching much earlier — in September — can lead to summer employment.

In the beginning of September 2010, I began looking for work-study positions at my university. The Federal Work-Study Program allows students like me to gain some ex-

tra cash while still putting school as their first priority.

The program restricts students to a maximum of 12 working hours per week and usually runs from September to early March.

After sending my résumé and cover letter to a few work-study positions, I was invited for an interview and was granted the position of Research Assistant at the Department of Health Policy, Management and Evaluation (HPME).

I truly enjoyed my time and my work with the professor and her team, but found myself search-

ing for a summer job as April 2011 came around.

To my surprise, my professor offered to hire me from May to August, as a summer student with her team.

And even more amazing than that, I was ac-

cepted as a graduate student in that same department! Searching for jobs early on in September really paid off.

Based on my experience, I would recommend career centres continue actively promoting and advertising the Federal Work-Study Program so that students can be informed of these types of

opportunities.

The Federal Work-Study Program has worked wonders for my career and I sincerely hope that it will do the same for others as well.

I also hope that my fellow students learn how important it is to start your job search early, in September when companies are hiring students

who are going to graduate that year. Students often start their job search in February or even later on in the year but I hope I can encourage students to start their job searches as early as possible.

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### What I learned

**Key take-aways from Tommy's experience:**

▶ Don't leave job-searching to the last minute. If you want a job after graduation, then start applying when employers are hiring: in September.

▶ Networking is vital to landing any job — if employers can put a face to a name, you'll stand out from the numerous resumé they receive every day.

### Where Tommy is now

I am currently a graduate student at the Department of Health Policy, Management and Evaluation (HPME), the same department where I held a work-study position.



▶ Tommy Tam knows first-hand what staying ahead of the pack can do for the career-minded student.

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# WORKPLACE WINNERS ARE ALWAYS WELCOME

## WORKPLACE LAW

**DANIEL LUBLIN**  
DAN@CANADA  
EMPLOYMENTLAWYER.COM  
TWITTER: @DANLUBLIN



Last week I introduced you to my favourite workplace “losers”; those people who just love to fail, and why their idiosyncrasies often cost them their own cases. But Canadian workplaces have a number of “winners” as well. These people play the game right and they often come out ahead. Here are some of their winning attributes:

### The Peacemaker

Companies do not value employees who create or participate in stupid arguments as much as those that avoid them. The Peacemaker understands this concept and avoids workplace quarrels, especially those between colleagues and he or she never takes sides in a meaningless dispute. Rather, the Peacemaker offers an objective opinion and unbiased ad-



► While a quarrelsome nature may be lurking in the background, a workplace winner knows how to keep things cool and professional when faced with a fickle confrontation.

vice.

### The Stoic

Employees have a tendency to seek instant gratification, usually to their own detriment. When they are denied a raise or a promotion, most will complain and they will do so immediately. The problem with them, however, is not what they say it is when they say it. But the Stoic is different. He or she is cool under pressure and patient when it matters most. More importantly, the Stoic understands when not to complain.

### The Opportunist

In law, just like in life, timing is everything. The Opportunist knows this

concept well and lurks for an opportunity to take advantage of a good situation. The Opportunist may not be the best at whatever he or she does at work but by being in the right place at the right time, they get credit from their employers.

### The Optimist

No one likes a grouch at work. This is not news to the Optimist, because he or she is valued by an employer for their positive attitude, even if this attitude is sometimes a facade.

**DANIEL LUBLIN IS AN EMPLOYMENT LAWYER WITH WHITTEN & LUBLIN LLP. TO READ THIS ARTICLE IN ITS ENTIRETY VISIT METRONEWS.CA**

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**BILINGUAL PHARMACY ASSISTANT:** We are seeking a full time bilingual Pharmacy Assistant to work in our wholesale pharmacy located in the East end of Ottawa. Candidates must be fluent in both official languages, have a diploma as a pharmacy assistant or previous working experience and an aptitude for pharmacy software programs.

**SATURDAY RECEPTIONIST:** We are seeking a part time Receptionist to work every Saturday between 9am and 5pm at our head office located in the East end of Ottawa. Candidates must be highly dependable and have excellent customer service skills. The main duties include screening and dispatching telephone calls to various departments and greeting customers in our retail store.

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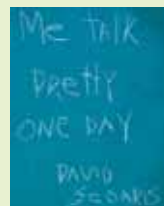
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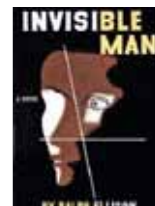
## A professor's novel list

Along with all the new freedoms of the first year of college, there are typically pangs of frustration and fear. After prodding countless English departments, we've come up with a novel list: three classic works that speak to the soul of a transitioning young adult.



**Me Talk Pretty One Day** by David Sedaris

In 27 short works, the author explores his family roots, while also noting how these memories affect his judgment in day-to-day struggles. "What our struggling freshman needs right now is a good laugh," says Rosemary Graham, professor of English at Saint Mary's College of California.



**Invisible Man** by Ralph Ellison

Invisible Man is the classic tale of a young African-American's search for identity amidst a sea of prejudice. Lars Larson, professor of English at the University of Portland, says, "students, newly on their own and on the hunt for an identity, will find an easy kinship with the nameless narrator."



**The Left Hand of Darkness** by Ursula K. Le Guin

Darkness is a seminal work amongst tweedy sci-fi readers. "[The protagonist's] adventures are concerned primarily with otherness," says Davis Schneiderman, professor of English at Lake Forest College. "He's someone from the outside having to navigate a daunting set of foreign social codes."

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# WHAT IS LA VENDEMMIA?

## WHEREVER THERE'S A PLANTED FIELD THERE'S A HARVEST,

and around the world that time is bustling with activity in the community. The work isn't done, but the bounty of hard labour is being reaped and everyone can imagine how good it tastes.

In Italy, "la vendemmia" refers to the fall grape harvest, a time that's difficult to predict since it's not something that can be scheduled, it happens when the grapes are ready at the peak of their ripeness. In every region of Italy, the focus is on getting the grapes off the

vine and into the vats. When the work is done there are large tables filled with food, wine and hungry friends who worked hard with the promise of the season's best meal waiting for them.

In Ottawa's Little Italy neighbourhood on Preston Street, you will find other nationalities represented in addition to Italian.

Here is what harvest is in their language:

China: Zhongqiu 中秋节 (CHONG-choh)

France: la récolte (RAY-colt)

Germany: Ernte (URN-tuh)

India: Pongal (PAHN-gah-leh)

Italy: la vendemmia (VEN-dem-mee-ah)

Ireland: fómhar

South Africa: oes (OOS)

Turkey: hasat (hah-SAHT)

Vietnam: thu hoạch (THO-whah)

How do these countries celebrate the harvest? In Germany, aside from the famous Oktoberfest, is the world's largest wine festival called Winemarkt. Originally a meeting place for farmers and winemakers in Bad Dürkheim, the wine & food sales attracted pilgrims and eventually grew into a celebration. In Southern India, the Pongal festival celebrating harvest in January is both a festival of bounty and rebirth – old clothes are burned alongside overflowing rice pots. For the mid-autumn Zhongqiu, also known as the Moon festival, in China, family members gather to cele-

brate the harvest moon and share moon cakes, sweet pastries filled with red beans and almond paste.

No matter where the harvest celebration takes place, it centres on gratitude for bounty and coming together in community. We invite you to come to Ottawa's Preston Street to experience La Vendemmia – a fun-filled four-day festival from Thursday, Sept. 22 to Sunday, Sept. 25. Up and down the street, the neighbourhood will be alive with activities for everyone.

KATHRYN FLYNN

**THE COMPLETE FESTIVAL SCHEDULE FOR OTTAWA'S LA VENDEMMIA IS AT [LAVENDEMMIAOTTAWA.COM](http://LAVENDEMMIAOTTAWA.COM)**

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# TRADITION LIVES ON AT DI RIENZO'S

## STORE'S OFFERINGS NOW INCLUDE OLIVE OILS, PICKLED VEGETABLES

Around lunchtime every weekday, dozens of hungry people line up outside a nondescript building at 111 Beech St., just west of Preston. They're after homemade food: perhaps a sandwich, some fresh pasta, soup or the daily special (Friday's baccalà is well known to Ottawa foodies). The customers know that the Di Rienzo name is synony-

mous with tasty, top-quality food.

Di Rienzo Grocery and Deli first opened in 1973. Paul Di Rienzo, the current owner, took over the business from his father in the mid-1980s. The Di Rienzo family — mom, dad, four boys and two girls — emigrated from Italy in 1967. Paul still lives in the house adjacent to the store, where he

and his siblings grew up.

"The neighbourhood has changed quite a bit," says Paul, "but we still operate pretty much like my parents did."

Originally established as a convenience store specializing in Italian cold cuts and cheeses, Di Rienzo's began to sell fresh sandwiches in the 1980s. The lunch-hour lineups began shortly thereafter.

"People love this place because of the food and the friendly atmosphere," says Johnny Paolozzi, who's worked at Di Rienzo for 16 years. Paolozzi used to work for a distributor of meat products and delivered to the store regularly. When Paul Di Rienzo

asked if he'd like to come on board, Johnny agreed immediately. "I've always loved the feel of the place — you're part of the family; everyone's equal here."

Paul isn't the only Di Rienzo carrying on the family tradition: his brother and niece also work in the store. The store's offerings continue to evolve and now include olive oils and pickled vegetables imported from Italy, along with take-away dinners and baked goods.

"When you get older Italians buying our lasagna and cannelloni, you know it's got to be good," says Johnny Paolozzi. **PETER DOYLE**



► ERIC ROCHON AND FRANCIS GREGOIRE COME TO DI RIENZO'S ONCE A WEEK FOR SANDWICHES #16 AND #9.

## LINDENHOF'S SUCCESS BUILT ON GOOD FOOD, FRIENDLY STAFF

The Lindenhof just turned 37 years old in September. Proprietor Alison Geehan has devoted most of her life to the landmark authentic German restaurant on Preston Street. "It was my first job. I've worked at the Lindenhof ever since I was 15 years old, and then I bought it."

During La Vendemmia, Preston Street's annual celebration of wine, food and art, "We'll be serving something called flammkuchen or the French know it as tart flambé. It's a sort of Alsatian-style pizza and we've got a nice Riesling to go along with it."

The Lindenhof has made its mark on Ottawa and its success has been built on consistently good, home-cooked food and friendly staff. Geehan tells about a special visitor: "A few years ago at our old location, Alanis Morissette was at our restaurant. Her parents have actually been

longtime customers and friends of the previous owners. Her mom celebrated a big birthday and so Alanis was here."

"We do have a lot of festivals in the fall," explains Geehan. "The first one is La Vendemmia, then we have an October festival, and then we have a Jager Festival in November where we feature all game meat for the month. It's a hunters' festival."



► THE LINDENHOF, 268 PRESTON ST.

## LA DOLCE VITA BOASTS BEST CALZONE IN TOWN

If you relish authentic Italian cuisine with flavours from the Old Italy, then La Dolce Vita restaurant, located in Ottawa's "Corso Italia", is the place to be. Jana Traversy, who has owned the establishment since 2006, says that "Mediterranean-style gourmet pizza is our big thing and we make great homemade Italian pastas."

La Vendemmia runs this year from Sept. 22-25, and La Dolce Vita has a few favourite wine picks for the occasion.

"We have a small but very selective wine list. For the whites, we have Pinot Grigio, we have Chardonnay, and we have champagne of course, Veuve Clicquot. For the Reds we have Valpolicella Ripasso, Chianti, which is very popular and we have a

nice Shiraz from Australia," says Traversy.

The restaurant boasts the best calzone in town, made with fresh ingredients and oven-baked to perfection. Chef Tarek puts his special touch into every menu item and is the main reason for the restaurant's success. Their Seven Deadly Sins martinis are cleverly named after each character in Fellini's namesake film, La Dolce Vita.

"One thing we're very well-known for is our gluten-free menu; it's quite extensive. We have pastas, pizzas, desserts; we're the only place in the world to offer gluten-free canoli! People like to come and have a cappuccino and a dessert and they can also have it gluten-free if they want," says Traversy.



► LA DOLCE VITA, 180 PRESTON ST.

## DI RIENZO'S EGGPLANT PARMESAN

2 large eggplants  
2 cups breadcrumbs  
2 cups tomato sauce  
250 g shredded mozzarella cheese  
250 g bocconcini cheese  
Eggwash: three eggs,  
¼ cup milk

In bowl, beat together eggs and milk, salt and pepper to taste. Peel eggplants and cut into slices ¾ inch thick. Dip each slice in eggwash, roll in breadcrumbs and fry until eggplant starts to soften.

In large baking pan, layer tomato sauce, eggplant, mozzarella and bocconcini cheeses, repeat three times, then bake at 350°F (175°C) for 1 hour and 15 minutes.



# LA BOTTEGA CATERS TO EVERYBODY

## GOURMET STORE IN BUSINESS SINCE 1972

This busy Italian gourmet store caters to an eclectic clientele in the bustling and historic Byward Market district. "You're going to find chefs, you're going to find politicians, you're going to find old Italian grandmothers. Just a bit of everybody," says owner Pat Nicastro, whose family has been in business since 1972. "Most of our products are Italian. We have probably one of Canada's biggest selection of olive oils and balsamic vinegars. We have over 200 types of olive oil."

And the sandwich trade is thriving. What's become hugely popular for La Bottega (64 George St.) is their takeout lunch sandwiches and Italian dishes served out of a little café in the back of the store. According to Nicastro, "We have a sandwich following that's incredible. We're making up to 500 sandwiches a day – it's a busy place – they're well priced."

And everyone knows that wine goes naturally well with cheese, and for La Vendemmia, Ottawa's annual fall harvest festival, La Bottega has got you covered with an impres-

sive selection of cheeses. "The King of cheese is Parmagiano-Reggiano," explains Nicastro. "We sell a 35 kg form a day, those are big forms of cheese. We sell different varieties that are top-quality and aged."

PHOTO CREDIT: THEAK CHIUOM



► LA BOTTEGA STORE MANAGER GIOVANNI ADAMO

## Lindenhof

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# PAESANI'S CAFFE A DREAM FULFILLED

Angelo Perseo's dream came true in 2003, when he opened Paesani's Caffe and Italian Eatery on Preston Street. Perseo got his first restaurant job at the age of 16. And while bussing tables involved long hours and hard work, he loved the atmosphere and he was good with customers. In the years that followed, Perseo moved up the ranks steadily, becoming a waiter and manager, and working at several Ottawa restaurants, including Mamma Teresa's and Bay Street Bistro.

Perseo's experience is reflected Paesani's winning formula: simple meals made with only the freshest of ingredients. "We put a bit of a modern twist on traditional meals maintain a comfortable, friendly atmosphere," Perseo says.

## PAPPARDELLO PAESANO

Fry two cloves of garlic in 2 tbsp olive oil.

Add ½ cup chopped green onions.

Add ½ cup or more thin slices of Italian sausage.

Add 10 chopped grape tomatoes

Boil fresh pasta until al dente and drain. Mix in 1 to 2 tbsp of homemade pesto. Combine all ingredients and top with ricotta and parmesan cheese.

Opening on Preston was a bit of homecoming for Perseo; he grew up nearby and often visited his grandparents on Elm Street. His parents were instrumental in helping him get started; in fact, his mother works in the kitchen most mornings, making breakfasts. Angelo joins her to handle lunch orders.

Dinners are in the capable hands of Chef Domenic Bevilacqua, well known to Ottawa gourmets for his work at some of the region's best restaurants, including Cabotto's. Bevilacqua is also an old friend of the Perseo family and appreciates the opportunity to work on Preston Street.



Chef Domenic Bevilacqua brings over 30 years of culinary experience to Paesani's. He has had formal training at the Giuliano Bugialli Culinary School in Florence Italy.



Join Chef Domenic and owner/Sous-Chef Angelo Perseo for some traditional Italian food with a modern twist.



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# HOW TO HOST A WINE TASTING

Wine tasting may seem intimidating, but there are so many resources available to the wine novice now that it's easy to plan an evening of wine in the comfort of your own home.

## STEP ONE – PLANNING

### Format

Depending on how formal and structured you would like the experience, a wine tasting can be conducted in a classroom style format with rows of wine glasses awaiting to be sampled, or as simple as a cocktail style event where your guests sip wines and nibble hors d'oeuvres at food and wine stations.

### Theme

Your wine tasting event can focus on exploring wines of a certain country or region or examine one type of wine such as Pinot Noirs, Sauvignon Blanc or Chardonnays from various wine regions around the world.

### Wine Selection

Greet your guests with a glass of sparkling wine. The bubbly cleanses and refreshes your palette, preparing it for more delicious wines and food to come. Feature five to eight wines — too many wines will numb your palette. Each sampling of wine should be approximately two ounces.

### Food

At a minimum, offer your guests sliced baguettes and saltine crackers to cleanse their palettes between wines.

### Hire a Sommelier

Professional Sommeliers can arrange all the details and will lead your wine tasting. This takes the pressure off you as the event organizer.

## STEP TWO – TASTING

Wine tasting engages all of your senses. It is as easy as eyes, nose and mouth, taking note of the aromas, the flavours and the mouth feel of the wine. There are no rules to wine tasting as everyone's impression is personal and this makes for interesting conversation. Use the following as your wine tasting sheet.

### Eyes

Tilt the glass 45 degrees away from you, using a white tablecloth as a backdrop, note:

- The colour and clarity.
- What colour does it remind you of: White wine descriptors – pale, straw, or golden Rosés – cotton candy pink, salmon, terracotta Reds – garnet, fire engine red, cherry, purple, ink or opaque

### Nose

Let the fun begin. Hold the glass by the stem, swirl the wine in a steady circular motion to introduce air into the wine to release the aromas.

- What does the wine smell like?
- White wines – dry, floral, citrus, tropical fruit, pineapple, pears, apples
- Rosés – floral, cherry, delicate, pink grapefruit
- Reds – cherry, strawberry, blackberry, earthy, vanilla, leather, dried fruit

### Mouth

Take a sip, chew the wine (as if it were mouthwash) to coat your entire mouth. Take note:

- Is the wine light, medium or full-bodied?
- Does the wine taste the same as it smells?
- Do the flavours linger or disappear?

Try each wine with food and note how the food changes your enjoyment of the wine.

## STEP THREE – DISCOVERING

After an evening of swirling, sipping and perhaps spitting, it is no wonder that a wine tasting is a fun way to explore the world of wines as well as socializing with friends and networking with clients.

DEBBIE TRENHOLM, ACCREDITED SOMMELIER – SAVVYCOMPANY.CA

CONTRIBUTED



► GREET YOUR GUESTS WITH A GLASS OF SPARKLING WINE.



Ed from Perth comes by Di Rienzo's frequently on his way home from work to pick up a few of his favourite sandwiches!

"It only takes one" ~ Johnny P

"Now *that's* a sandwich!" ~ Kelly G

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**1**

Turkey, hot capicollo, herbed havarti, tomato, lettuce, mayo

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# WORKING THE GRAPE HARVEST IN TUSCANY

Croce di Bibbiano Winery is guarded by the medieval towers of San Gimignano, just 45 minutes southwest of Florence in the heart of Tuscany. At Bibbiano, each step of the winemaking process is done by hand. Within an hour of my arrival, I was given a pair of clippers and invited to join the family members in the vineyard. They have been harvesting grapes for the past 16 days.

Empty buckets were spaced along the vineyard rows waiting to be filled. Once the grapes are collected by tractor, the grape bunches are pitch forked into the de-stemming machine to separate the

stems from the fruit and gently break the skins.

The winemaking process for white wines is slightly different to the red wine-making process. To make white wine, after the grapes have been de-stemmed, the grapes and juice are directed into a crusher turnstyle machine. Inside the crusher, an inflatable bladder gently presses the grapes against the outer wall as the honey coloured juice waterfalls into a large collecting pan. The process takes about four hours. From the pan, the white grape juice is pumped into a stainless steel tank where it will stay to ferment into wine.

In the red winemaking process, the grapes are de-stemmed, the skins are gently broken, the “must” (a winemaking term for juice seeds, skins and pulp) is pumped directly into a stainless steel tank. Twice a day, the juice is pumped through a large hose from the bottom of the tank up to the top of the tank to keep the skins and juice in contact as the wine ferments. Each time the stirring is performed, more pigment from the skins is extracted, resulting in a darker red colour in the juice.

“Five days ago, the must was a bland apple juice colour, now that it has been in contact with the skins for over five days,



look at the regal purple it has become,” explains winery owner and winemaker Luca Vitali. “This is the beginning of a gorgeous Chianti.”

**DEBBIE TRENHOLM, ACCREDITED SOMMELIER**



## MAMMA TERESA'S A WORLD-CLASS DINING EXPERIENCE

Located in a beautiful and historic Victorian mansion on Somerset Street, Mamma Teresa Ristorante is an authentic and a world-class dining experience.

The Boselli Family brought the best of traditional Italian cuisine to the capital region in 1970.

Walter Moreschi and Frank Schimizzi purchased the restaurant in 2008 and remained true to Mamma Teresa's original recipes. “I'm Parmagianio myself, so these are the recipes that I grew up with,” says Moreschi.

The two partners worked their way up from a ground-floor opportunity. “Frank and I were

just two regular guys when we bought the restaurant,” explains Moreschi. “We started as busboys, then you become bartenders, then you become the waiter and then you start managing the restaurant.”

Their wine list is always seasonal but the menu stays the same. And for La Vendemmia, the proprietor's special picks “Are from my special reserves, the Saint Gervaises, those would be my specials now.”

According to Moreschi, the restaurant enjoys a unique clientele that regularly includes politicians, hockey players and movie stars. “The one that was surprising was Wayne Gret-

zky, you know when you see him on TV all the time, but when he walked in it's different. It's his presence – he's a real gentleman – for him to be an ambassador for Canada's hockey.”

## DID YOU KNOW?

Mama Teresa's historic facts:

- The Boselli Family came from the hills of Parma and created a new dining tradition in Ottawa.
- Ten years after the family arrived in 1960, Giuliano and his mother opened their doors.

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## STONEFACE DOLLY'S CHICKEN BOBOTIE

Small Spanish onion  
3 tbsp canola oil  
1 tbsp each chopped ginger & garlic  
2¼ tbsp curry powder  
¼ cup cider vinegar  
2 tbsp apricot jam  
3 tbsp brown sugar  
¼ cup toasted slivered almonds  
½ cup raisins  
1 kg (2.2 lbs) ground chicken  
¼ loaf sourdough bread  
200 ml coconut cream

Soak raisins in warm water, toast almond and set both aside. Sauté pureed onion in oil for a few minutes, until the colour starts to change. Add chopped ginger, garlic and curry powder; cook for two minutes. Add cider vinegar, apricot jam and brown sugar, cook until jam and sugar are completely dissolved. Add toasted slivered almonds and drained raisins. Add meat by crumbling into small pieces and cook thoroughly; break up larger pieces to ensure they cook through. While meat is cooking, soak diced bread in coconut cream. Combine cooked meat with soaked bread, salt and pepper to taste.



► EGGS BENEDICT



► CHICKEN BOBOTIE



► STONEFACE DOLLY'S, 416 PRESTON ST.

# COME FOR THE COMFORT FOOD

## STONEFACE DOLLY'S SERVES UP JERK CHICKEN, YOGURT RAITA

The many flavours of Canada's cultural mosaic are featured in a mid-sized restaurant along Preston Street. Stoneface Dolly's specializes in international comfort food, a relatively recent addition to the culinary landscape. Owner Bob Russell — who emigrated from South Africa several decades ago — describes it as a taste-driven mix of cuisines.

"Every culture and country has its own comfort foods," he says. "Canada's comfort foods continue to evolve quickly. This country's unique ethnic mix has a big influence on the national diet — people in this region, for instance, eat a remarkably diverse range of cuisines. We serve eclectic yet down-home style dishes."

Stoneface Dolly's signature dish,

bobotie, is a case in point. It's a traditional South African dish that hints of the country's Dutch and Indonesian influences: ground chicken or beef baked with light curry spices, almonds and raisins. Stoneface Dolly references other cuisines by serving bobotie in phyllo pastry (Middle East) accompanied by coconut basmati rice, fruit chutney and yogurt raita (India and Pakistan). Other menu favourites include spicy Red Thai soup and jerk chicken.

The original Stoneface Dolly's opened in the mid-1990s as a small café on Bronson Avenue that served only breakfast and lunch. Bob Russell bought the restaurant in 1999 and added a dinner service. Customers came in droves — particularly during

weekend brunch — and it was soon apparent that demand far outstripped the restaurant's 24 seats. In 2005, Russell opened a second location, on Preston Street, and later sold the Bronson restaurant. While the new venue has more than twice the capacity of the original, the weekend lineups remain all too common.

"We often serve 300 or more people for Sunday brunch," says Bob Russell. "With only 50-odd seats, that makes for a busy restaurant."

Stoneface Dolly's also offers seasonal dishes, such as braised lamb shank in the winter and grilled tuna in the summer.

The restaurant's success clearly demonstrates that Ottawans love their international comfort food.

Stoneface Dolly's is a casual and affordable restaurant catering to a local neighbourhood clientele of all ages. We will be serving the Ottawa community for many years to come and hope you will visit us soon.

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# Savoury apple sensations

🍏 Apple Cheddar Puffs prove this fruit has a place at the dinner table 🍏 Serve as appetizers



► Make 24 puffs with this recipe.

While sauces and pies are a fine start, it's also easy to get creative with how we cook apples.

## Apple Cheddar Puffs Preparation:

- 1 Heat oven to 220 C (425 F). Line 2 baking sheets with parchment paper.
- 2 In saucepan over medium-high, heat water, butter and salt until boiling. Add flour and stir vigorously with

wooden spoon until mix comes away from sides of pan and forms a ball of dough, about 1 min.

- 3 Transfer dough to bowl of electric mixer. Mix with paddle attachment 1 min. Add eggs, one at a time, waiting until fully incorporated before adding next. When all of the eggs are incorporated, mix in cheese.

- 4 Spoon mix into large zip-close bag with corner cut off. Gently squeeze to create walnut-size mounds on prepared baking sheets, leaving 5 cm (2 inches) between each mound. Bake 10 mins, then reduce oven temp. to 190 C (375 F) and bake for another 15 minutes or until golden brown.

- 5 Remove puffs from oven and pierce side of each to allow steam to escape. Let cool.

- 6 While puffs bake, make filling. In saucepan over medium-high, cook apples, sugar, ginger, lemon juice, salt and 30 ml (2 tbsp) of water just until apples tender, about 6 mins. In glass, stir remaining 30 ml (2

tbsp) water and cornstarch, add to apples. Bring to simmer and cook just until mixture thickens, 1 to 2 mins. Let cool before using.

- 7 To fill puffs, cut each in half horizontally. Spoon small amount of filling into bottom of shell, replace top half of shell. Serve warm.

THE ASSOCIATED PRESS

## Ingredients:

### Puffs

- 250 ml (1 cup) water
- 90 ml (6 tbsp) unsalted butter
- 5 ml (1 tsp) salt
- 325 ml (1 1/3 cup) all-purpose flour
- 5 eggs
- 250 ml (1 cup) grated extra-sharp cheddar cheese

### Filling

- 4 Golden Delicious apples, peeled, cored and diced
- 50 ml (1/4 cup) sugar
- 5 ml (1 tsp) grated fresh ginger
- 15 ml (1 tbsp) lemon juice
- Pinch salt
- 125 ml (1/2 cup) water, divided
- 15 ml (1 tbsp) cornstarch

## Drink of the week

### Earl Grey Peach Bubbly

- 2 cups (500 mL) water
- 2 tbsp (30 mL) Earl Grey loose tea leaves
- 1 1/2 cups (375 mL) peaches (sliced, peeled, pitted)
- 1/3 cup (75 mL) honey
- 1 tbsp (15 mL) grated lemon rind
- 1/4 cup (60 mL) lemon juice
- 1 bottle (750 mL) carbonated mineral water

In saucepan bring water to boil. Add tea leaves; steep 5 mins. Let cool slightly.

Strain tea into blender; discard tea leaves. Add peach slices and honey. Blend until smooth. Add lemon rind and juice. Cover and refrigerate until cold.

Pour mix into pitcher; add mineral water. Refrigerate until ready to use.

● EMILY RICHARDS

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## Quoted



**"Only two gods know, Jerry's God and the real God know what my future is going to be here."**

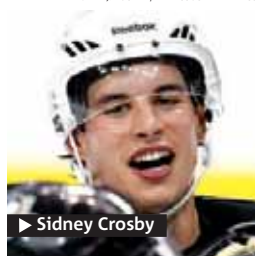
CHICAGO WHITE SOX MANAGER OZZIE GUILLÉN YESTERDAY ON WHETHER WHITE SOX CHAIRMAN JERRY REINSDORF WILL LET HIM KNOW ABOUT A CONTRACT EXTENSION BEFORE HE LEAVES THE COUNTRY AFTER THE MLB SEASON. GUILLÉN HAS ONE YEAR LEFT ON HIS DEAL AND SAYS HE DOES NOT WANT TO BE A LAME DUCK MANAGER GOING INTO 2012.



Scan code for more sports news.

# Fun seems to be back in Crosby's game

GENE J. PUSKAR/THE ASSOCIATED PRESS



► Sidney Crosby

Sidney Crosby was uncommonly upbeat a few minutes before his fourth training camp practice in as many days, regularly flashing smiles yesterday while fending off the playful kidding of his Pittsburgh Penguins teammates.

The reason for Crosby's cheerfulness seems evident. He appears to be getting

closer to being cleared for contact — the biggest remaining hurdle as he recovers from a concussion that has sidelined the Penguins' star for 8 ½ months.

"I'm pretty happy with the way they've gone so far," Crosby said of the on-ice workouts.

That was evident as Crosby skated full speed

through another all-out practice, this time with co-star Evgeni Malkin skating alongside him in the same group. Malkin, is recovering from knee surgery.

Crosby hasn't backed off any drill, except those that require contact. But he hasn't appeared reluctant to engage in any contact, skating just as hard into the cor-

ners as any of his teammates during drills.

Crosby clearly has progressed significantly from a few weeks ago when he was forced to cut back on conditioning work due to concussion-related side effects that occurred once he reached the 90 per cent exertion rate.

THE CANADIAN PRESS

# Red Sox fans face conundrum

JIM ROGASH/GETTY IMAGES

► **'Even if it hurts the Sox, you never root for the Yankees,' says one fan**

Things were looking dire for the Boston Red Sox when they dropped three-of-four games to Tampa Bay and the opener of a double-header against last-place Baltimore on Monday.

Fans were booing, panicking and ready to give up.

But they weren't willing to take the most drastic measure of all: Rooting for the New York Yankees when they play the Rays seven times over the next nine days.

"Absolutely not. Anybody that's going to beat the Yankees, I don't care," said Pat Smith, a plumber from Cambridge, Mass., who watched the Red Sox lose to the Orioles on Monday afternoon — their 12th loss in 15 games. "Even if it hurts the Sox. You never root for the Yankees. I'm sorry. I don't care."

The Red Sox led the AL East for much of the summer, and appeared ready to coast into the playoffs with a nine-game lead over Tampa Bay in the wild-card race

**"You've got to root for the Rays. You can't root for the Yankees. Ever! Ever! Ever!"**

BOSTON-AREA GROCERY STORE MANAGER TED SELLARS

Sept. 3.

But the Rays beat Boston six times in seven games over a 10-day span, trimming the deficit to two games before Baltimore cut it by another half-game Monday. The Red Sox won the nightcap to extend their lead to two games heading into last night.

Before heading to New York for four games in three days, Rays manager Joe Maddon was asked if he ever thought he could turn a ballpark full of 37,000 Bostonians into Yankees fans.

"That's improbable, isn't it?" he said. "It's not just 37,000, it's 37 in the ballpark and millions more in the nation."

THE ASSOCIATED PRESS



► Boston's David Ortiz, left, congratulates Adrian Gonzalez on his two-run home run against Baltimore last night.

# Jets' Byfuglien faces charges for alleged impaired boating

A police drug recognition expert concluded that Winnipeg Jets defenceman Dustin Byfuglien was under the influence of drugs when police stopped the boat he was driving on a Minnesota lake last month.

Byfuglien is facing four charges that include boat-

ing while under the influence of alcohol and/or drugs. The documents detailing the charges say an officer had stopped the boat because the craft was operating without proper lights.

"Mr. Byfuglien's speech was slurred, he was unsteady on his feet, his eyes

were bloodshot and watery and he smelled of a consumed alcoholic beverage," says the arresting officers statement, obtained by The Canadian Press. "Mr. Byfuglien was unable to successfully perform field sobriety tests as requested."

THE CANADIAN PRESS

## GOLF

# Weir likely out until April

Mike Weir is facing a long road to recovery from surgery, but still hopes to return to the PGA Tour before next year's Masters.

The lefty from Bright's Grove, Ont., had a follow-

up appointment with surgeon Dr. James Andrews last week and told reporters on a conference call yesterday he's hoping to play a couple events before next year's first major in April.

Weir said he'll need to be patient during recovery and won't rush back to action.

The 41-year-old had the extensor tendon in his right elbow repaired on Aug. 18.

THE CANADIAN PRESS



## MAJOR LEAGUE BASEBALL

## AMERICAN LEAGUE

EAST DIVISION				
	W	L	Pct	GB
New York	92	60	.605	—
Boston	88	66	.571	5
Tampa Bay	85	67	.559	7
Toronto	78	75	.510	14½
Baltimore	63	90	.412	29½
CENTRAL DIVISION				
	W	L	Pct	GB
x-Detroit	89	64	.582	—
Cleveland	76	76	.500	12½
Chicago	74	79	.484	15
Kansas City	67	87	.435	22½
Minnesota	59	93	.388	29½
WEST DIVISION				
	W	L	Pct	GB
Texas	88	65	.575	—
Los Angeles	83	70	.542	5
Oakland	69	84	.451	19
Seattle	64	89	.418	24

x — clinched playoff berth

## Yesterday's results

Cleveland 4, Chicago White Sox 3, 1st game  
Chicago White Sox at Cleveland, 2nd game  
Tampa Bay at N.Y. Yankees  
L.A. Angels at Toronto  
Baltimore at Boston  
Detroit at Kansas City  
Seattle at Minnesota  
Texas at Oakland

## Monday's results

Baltimore 6, Boston 5, 1st game  
N.Y. Yankees 6, Minnesota 4  
Seattle 12, Cleveland 6, 7 innings  
Toronto 3, L.A. Angels 2, 10 innings  
Boston 18, Baltimore 9, 2nd game  
**Today's games**  
Tampa Bay (Shields 15-11) at N.Y. Yankees  
(P.Hughes 5-5), 1:05 p.m., 1st game  
Chicago White Sox (Buehrle 11-9) at Cleveland  
(J.Iminez 4-2), 7:15 p.m.  
Tampa Bay (Holliday 13-10) at N.Y. Yankees  
(Sabathia 19-8), 7:05 p.m., 2nd game  
L.A. Angels (Haren 15-9) at Toronto (McGowan 0-0), 7:07 p.m.  
Baltimore (Tom.Hunter 4-4) at Boston (Beckett 13-5), 7:10 p.m.  
Detroit (Scherzer 14-9) at Kansas City  
(F.Paulino 3-6), 8:10 p.m.  
Seattle (Pineda 9-10) at Minnesota (Slowey 0-6), 8:10 p.m.  
Texas (C.Wilson 16-7) at Oakland (McCarthy 9-8), 10:05 p.m.

## CFL

## WEEK 13

EAST DIVISION						
	GP	W	L	T	PF	PA
Winnipeg	11	8	3	0	265	252
Montreal	11	6	5	0	340	276
Hamilton	11	5	6	0	296	308
Toronto	11	2	9	0	226	320
WEST DIVISION						
	GP	W	L	T	PF	PA
Edmonton	11	7	4	0	267	250
Calgary	11	7	4	0	288	290
B.C.	11	5	6	0	292	244
Saskatchewan	11	4	7	0	267	303

## Friday's game

All Times Eastern

Montreal at Edmonton, 9 p.m.

## Saturday's games

B.C. at Saskatchewan, 4 p.m.

Winnipeg at Toronto, 7 p.m.

## Sunday's game

Calgary at Hamilton, 1 p.m.

## NATIONAL LEAGUE

EAST DIVISION				
	W	L	Pct	GB
x-Philadelphia	98	55	.641	—
Atlanta	87	67	.565	11½
Washington	73	79	.480	24½
New York	73	80	.477	25
Central	70	84	.455	28½
CENTRAL DIVISION				
	W	L	Pct	GB
Milwaukee	90	64	.584	—
St. Louis	84	69	.549	5½
Cincinnati	74	80	.481	16
Chicago	68	86	.442	22
Pittsburgh	68	86	.442	22
Houston	53	100	.346	36½
WEST DIVISION				
	W	L	Pct	GB
Arizona	89	65	.578	—
San Francisco	83	70	.542	5½
Los Angeles	76	76	.500	12
Colorado	70	83	.458	18½
San Diego	66	88	.429	23

x — clinched playoff berth

## Yesterday's results

Washington 4, Philadelphia 3, 10 innings, 1st game  
Washington at Philadelphia, 2nd game  
Houston at Cincinnati  
Milwaukee at Chicago Cubs  
N.Y. Mets at St. Louis  
San Diego at Colorado  
Pittsburgh at Arizona  
San Francisco at L.A. Dodgers

## Monday's results

St. Louis 4, Philadelphia 3  
Florida 6, Atlanta 5  
Houston 3, Cincinnati 2  
Chicago Cubs 5, Milwaukee 2  
San Diego 8, Colorado 2  
Arizona 1, Pittsburgh 0  
**Today's games**  
Houston (W.Rodriguez 11-10) at Cincinnati  
(Arroyo 8-12), 12:35 p.m.  
Milwaukee (Wolf 13-9) at Chicago Cubs  
(Garza 8-10), 2:20 p.m.  
San Diego (Bass 1-0) at Colorado (A.Cook 3-9), 3:10 p.m.  
Pittsburgh (Ohlendorf 1-2) at Arizona (Miley 3-2), 3:40 p.m.  
Washington (Lannan 9-13) at Philadelphia  
(Worley 11-2), 7:05 p.m.  
Atlanta (D.Lowe 9-15) at Florida (Vazquez 11-11), 7:10 p.m.  
N.Y. Mets (Schwinden 0-2) at St. Louis  
(J.Garcia 12-7), 8:15 p.m.  
San Francisco (Vogelsong 11-7) at L.A. Dodgers (Eveland 2-1), 10:10 p.m.

## NHL

## PRE-SEASON

## Last night's results

Philadelphia at Toronto

Winnipeg (ss) at Columbus (ss)

Dallas at Montreal

Nashville vs. Washington (at Baltimore)

Tampa Bay at St. Louis

Columbus (ss) at Winnipeg (ss)

Chicago vs. Edmonton (ss) at Saskatoon

Vancouver (ss) at Calgary (ss)

Minnesota at Edmonton (ss)

Phoenix at Anaheim

Calgary (ss) at Vancouver (ss)

## LATE MONDAY

## BLUE JAYS 3, ANGELS 2 (10 INN.)

Los Angeles	ab	r	h	bi	Toronto	ab	r	h	bi
Mltzurs 3b	4	0	0	0	McCoys ss	5	1	0	0
BAreu dh	4	0	1	0	ETHms lf	4	0	3	0
HKndrc 2b	4	0	0	0	Bautist rf	4	0	1	0
TrHntr rf	4	1	2	1	Lind dh	5	0	0	1
Trumo 1b	4	1	1	1	Encnc lb	3	0	1	0
VWells lf	4	0	2	0	Wise p-of	2	0	0	0
Bourjos cf	3	0	0	0	KJhnsn 2b	4	1	2	0
Aybar ss	4	0	1	0	Lawrie 3b	2	1	0	0
BoWlsn c	3	0	0	0	Rasms cf	3	0	0	0
Callasp ph	1	0	0	0	JMolin ph	1	0	0	0
Mathis c	0	0	0	0	Cooper 1b	0	0	0	0
					Arencic c	4	0	2	3
Totals	35	2	7	2	Totals	35	3	9	3
Los Angeles	010	010	000	0—2					
Toronto	000	200	000	1—3					

One out when winning run scored.

E—J.Williams (2), Aybar (13). DP—Los Angeles 1, Toronto 1. LOB—Los Angeles 4, Toronto 9. 2B—V.Wells (14), Arencebia (20). HR—Tor.Hunter (21), Trumbo (28). CS—K-Johnson (2), Arencebia (1). S—Bourjos, Lawrie.  
**Los Angeles**  
J.Williams 6-1-3 6 2 0 0 3 3  
Takahashi 1 0 0 0 0 1 1  
Casaveah 2-3 1 0 0 0 0 0  
S.Downs L, 6-3 1-1-3 2 1 0 0 1  
**Toronto**  
R.Romero 9 6 2 2 2 0 5  
Janssen W, 6-0 1 1 0 0 0 1  
T—2-49. A—11,178 (49,260).

## CIS FOOTBALL

## WEEK FOUR

## ATLANTIC CONFERENCE

	GP	W	L	T	PF	PA	Pt
Acadia	2	2	0	0	81	19	4
Saint Mary's	2	1	1	0	64	25	2
Mt. Allison	2	0	2	0	37	90	0
St. F. Xavier	2	0	2	0	19	98	0

## QUEBEC CONFERENCE

	GP	W	L	T	PF	PA	Pt
Laval	3	3	0	0	100	49	6
Sherbrooke	3	2	1	0	91	76	4
Concordia	3	2	1	0	88	63	4
Montréal	3	2	1	0	49	47	4
Bishop's	3	1	2	0	77	73	2
McGill	3	0	3	0	35	101	0

## ONTARIO CONFERENCE

	GP	W	L	T	PF	PA	Pt
Western Ontario	3	3	0	0	175	56	6
Windsor	3	2	1	0	98	66	4
McMaster	3	2	1	0	68	69	4
Ottawa	3	2	1	0	67	55	4
Toronto	3	2	1	0	36	58	4
Wilfrid Laurier	3	1	2	0	121	106	2
Guelph	3	1	2	0	85	69	2
Queen's	3	1	2	0	66	80	2
York	3	1	2	0	35	74	2
Waterloo	3	0	3	0	53	171	0

## CANADA WEST CONFERENCE

	GP	W	L	T	PF	PA	Pt
Calgary	3	3	0	0	116	57	6
Saskatchewan	3	2	1	0	87	43	4
British Columbia	3	2	1	0	86	70	4
Manitoba	3	2	1	0	79	71	4
Alberta	3	0	3	0	57	100	0
Regina	3	0	3	0	21	105	0

## Friday's games

All Times Eastern

Sherbrooke at Concordia, 7 p.m.

Saskatchewan at Calgary, 10 p.m.

## Saturday's games

Saint Mary's vs. Mount Allison, 12 noon (at Moncton, N.B.)

Windsor at Waterloo, 1 p.m.

Queen's at York, 1 p.m.

McMaster at Guelph, 1 p.m.

Western Ontario at Wilfrid Laurier, 1 p.m.

Toronto at Ottawa, 1 p.m.

Montreal at Bishop's, 1 p.m.

Regina at Alberta, 3 p.m.

Manitoba at British Columbia, 4 p.m.

St. Francis Xavier at Acadia, 6 p.m.

## Sunday's game

McGill at Laval, 1 p.m.

## NFL

## WEEK THREE

## AMERICAN CONFERENCE

EAST						
	W	L	T	Pct	PF	PA
New England	2	0	0	1.000	73	45
Buffalo	2	0	0	1.000	79	42
N.Y. Jets	2	0	0	1.000	59	27
Miami	0	2	0	.000	37	61
SOUTH						
	W	L	T	Pct	PF	PA
Houston	2	0	0	1.000	57	20
Jacksonville	1	1	0	.500	19	46
Tennessee	1	1	0	.500	40	29
Indianapolis	0	2	0	.000	26	61
NORTH						
	W	L	T	Pct	PF	PA
Cincinnati	1	1	0	.500	49	41
Baltimore	1	1	0	.500	48	33
Cleveland	1	1	0	.500	44	46
Pittsburgh	1	1	0	.500	31	35

## WEST

	W	L	T	Pct	PF	PA
Oakland	1	1	0	.500	58	58
San Diego	1	1	0	.500	45	52
Denver	1	1	0	.500	44	45
Kansas City	0	2	0	.000	10	89

## NATIONAL CONFERENCE

EAST						
	W	L	T	Pct	PF	PA
Washington	2	0	0	1.000	50	35
Philadelphia	1	1	0	.500	62	48
Dallas	1	1	0	.500	51	51
N.Y. Giants	1	1	0	.500	42	44
SOUTH						
	W	L	T	Pct	PF	PA
New Orleans	1	1	0	.500	64	55
Tampa Bay	1	1	0	.500	44	47
Atlanta	1	1	0	.500	47	61
Carolina	0	2	0	.000	44	58

## NORTH

	W	L	T	Pct	PF	PA
Green Bay	2	0	0	1.000	72	57
Detroit	2	0	0	1.000	75	23
Chicago	1	1	0	.500	43	42
Minnesota	0	2	0	.000	37	48

## WEST

	W	L	T	Pct	PF	PA
San Francisco	1	1	0	.500	57	44
Arizona	1	1	0	.500	49	43
St. Louis	0	2	0	.000	29	59
Seattle	0	2	0	.000	17	57

## Sunday's games

Houston at New Orleans, 1 p.m.

Denver at Tennessee, 1 p.m.

Detroit at Minnesota, 1 p.m.

San Francisco at Cincinnati, 1 p.m.

New England at Buffalo, 1 p.m.

N.Y. Giants at Philadelphia, 1 p.m.

Miami at Cleveland, 1 p.m.

Jacksonville at Carolina, 1 p.m.

Kansas City at San Diego, 4:05 p.m.

N.Y. Jets at Oakland, 4:05 p.m.

Baltimore at St. Louis, 4:05 p.m.

Arizona at Seattle, 4:15 p.m.

Green Bay at Chicago, 4:15 p.m.

Atlanta at Tampa Bay, 4:15 p.m.

Pittsburgh at Indianapolis, 8:20 p.m.

## Monday's game

Washington at Dallas, 8:30 p.m.

## WEEK TWO

## Monday's result

N.Y. Giants 28 St. Louis 16



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There's a revolution under way, and it's being fought with volts and kilowatts. This is the new-age arsenal of which those shopping for electrically powered automobiles such as Mitsubishi's iMiEV will become increasingly familiar.

The iMiEV hatchback

## Lean, green cuisine

that's scheduled to arrive here in late 2011 joins the all-electric Nissan Leaf and Tesla roadster plus the gasoline-supported Chevrolet Volt as pioneers in the automotive clean-energy movement. Additional models, including the Mini E and

Smart Fortwo Electric, are currently (pun intended) in limited production, while Ford's Transit Connect van and compact Focus will become electrified for the 2012 model year. Other automakers, both large and small, have similar plans to

join the electric motorpool.

At this point, the iMiEV will be one of the smallest electrical offerings to be mass produced for general consumption. But in terms of accommodations and price, it should prove to be one of the more attractive.

The lightweight (1,180 kilograms) and efficiently designed iMiEV is bound to succeed on price alone. The fact that its minimalist and futuristic styling will play well with the eco crowd should help keep Mitsubishi's green machine solidly in the black right from the outset.

Revolution? Ready, aim, charge.

# 5

drive

### By comparison

#### Ford Focus Electric

Base price: \$39,000 (est.)  
2012 model with a claimed three-to-four-hour charge time, 123 horsepower.

#### Chevrolet Volt

Base price: \$43,000  
Backup gasoline generator makes this electric the most practical.

#### Nissan Leaf

Base price: \$40,000  
Roomy hatchback gets high marks for functionality, if not for elegance.

WHEELBASE MEDIA



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# VOLKSWAGEN PUSHES FOR NO. 1 STATUS

## AUTO PILOT



MIKE GOETZ  
DRIVE  
@METRONEWS.CA

All the big cheeses at big automotive companies are male. I think that's why we always hear talk about who is – or who is gunning to be – the world's No. 1 automaker.

It has something to do with sales and profits, yes, but a bit more to do with testosterone. The latest “king of the hill” rhetoric emanated from the Frankfurt Auto Show, which is in full swing this week.

Volkswagen issued a statement at the show, detailing how they plan to spend 62.4 billion euros (about \$84 billion) in the coming five years to boost its worldwide production.

Currently the VW group, which includes VW, Audi, Skoda and Seat brands, ranks third in the world motor vehicle production rankings. But it wants the No. 1 status, currently held by Toyota. Also ahead of VW at the moment, is No. 2 man, General Motors.

Yes, that same General Motors that filed for bankruptcy protection back in 2009.

“Top of the agenda for us are investments in environmentally-friendly, sustainable models and drives,”

noted CEO Martin Winterkorn, in VW's statement.

One of those sustainable models sure to drive future volume is the VW Up, shown for the first time in production trim at the show in Frankfurt. The “mini” or “city” Up is a class smaller than Golf, so we probably won't see it here in North America, which would be a shame, because it's looks pretty good.

And where VW is adding future production speaks volume about which world markets are expected to

produce the most incremental sale growth in future years. Those markets would be China, Russia, etc., and North America and Europe not so much.

I guess being No. 1 would be a good thing for any automaker, but I sometimes wonder if people forget about the baggage that comes with being No. 1 at anything.

It doesn't take long before the cooler kids start looking the other way, or throw rocks at you when you're not looking, because

you are now the boring establishment, and had it coming. And you can forget about having any “underdog” support you once enjoyed.

So go ahead, take your place at the top of the hill if you want to, just bring a helmet.

### World ranking

- 1) Toyota
- 2) General Motors
- 3) Volkswagen
- 4) Hyundai

## YOUR KIDS SHOULD BE EMBARRASSED OF YOU, NOT YOUR CAR.



2.5i Sport Package shown

### 2011 OUTBACK 2.5i Convenience All-Wheel Drive

starting from \$32,053\*

\$359	\$3,112	1.9%	4.54%
LEASE PAYMENT FOR 48 MONTHS*	DOWN*	LEASE RATE	LEASE APR
OR \$2,000 Cash Rebate*			



Best Midsize Utility Vehicle\*



Best Midsize Car\*



2.5GT model shown

### 2011 LEGACY 2.5i All-Wheel Drive

starting from \$27,053\*

\$298	\$2,695	0.5%	4.13%
LEASE PAYMENT FOR 39 MONTHS*	DOWN*	LEASE RATE	LEASE APR
OR \$2,000 Cash Rebate*			



### 2011 TRIBECA All-Wheel Drive

SUPERIOR JAPANESE ENGINEERING FROM  
**\$42,853\***

Includes freight and fees. Excludes HST and licensing.



2.5X Convenience Package shown

### 2011 FORESTER 2.5X All-Wheel Drive

starting from \$27,853\*

\$319	\$888	0.9%	3.72%
LEASE PAYMENT FOR 48 MONTHS*	DOWN*	LEASE RATE	LEASE APR
OR \$2,000 Cash Rebate*			

OFFERS END OCTOBER 1, 2011



Best Mainstream Brand\*

SUBARU THE FASTEST GROWING  
JAPANESE AUTO MANUFACTURER  
3 YEARS IN A ROW\*



The only manufacturer with 2011  
IIHS Top Safety Picks for all models. \*

JAPANESE ENGINEERED VEHICLES STANDARD WITH  
**SYMMETRICAL AWD**



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WE ARE LOOKING FOR USED SUBARU'S

All prices include freight and fees. Excludes HST and licensing.



Denise Racine  
Owner

\*Ratings of “Good” are the highest rating awarded for 40-mph frontal offset, 31-mph side-impact and 20-mph rear-impact crash tests conducted by the Insurance Institute for Highway Safety (IIHS) ([www.iihs.org](http://www.iihs.org)). A “Good” rating obtained in all three crash tests plus a “Good” rating in new roof strength testing and the availability of Electronic Stability Control (ESC) (Vehicle Dynamics Control) achieves a 2011 Top Safety Pick. Based on 2008 over 2007/2009 over 2008/2010 over 2009 sales in Canada for Japanese car manufacturers; individual brands/divisions not considered separately. \*Based on ALG's 2011 Residual Value Awards for Best Midsize and Best Midsize Utility and Best Mainstream Brand. †It is possible to travel up to 1,094 km on one tank of fuel based on estimated fuel consumption figure rating posted by Natural Resources Canada of 6.9L/100km (highway) for a 2011 Subaru Outback equipped with continuously variable automatic transmission and a 70L fuel tank capacity. It is possible to travel up to 1,014 km on one tank of fuel based on estimated fuel consumption figure rating posted by Natural Resources Canada of 6.9L/100km (highway) for a 2011 Subaru Outback equipped with continuously variable automatic transmission and a 70L fuel tank capacity. Actual fuel consumption will vary based on driving conditions, driver habits and vehicle load. \$2,000/\$2,000/\$7,000/\$2,000 cash rebate offer is for cash purchases only and is available on 2011 Forester (B.J. XOL) Legacy (B.A.2.5) Tribeca (B.S.2.5) Outback (B.D.2.5). Cash rebate offer will be deducted from the negotiated price before taxes and cannot be combined with special finance or lease offers. \*MSRP of \$25,995/\$25,195/\$30,195 on 2011 Forester 2.5X (B.J. XOL) Legacy 2.5i (B.A.2.5) Outback 2.5i (B.D.2.5). Representative lease example: 0.9%/0.5%/1.9% nominal lease rate for 48/39/48 months. 3.72%/4.13%/4.54% effective lease rate for 48/39/48 months. Monthly payment is \$319/\$298/\$359 with \$888/\$2,695/\$3,112 down payment. Option to purchase at end of lease is \$11,800/\$12,489/\$12,718. \$0 security deposit plus first month's payment and applicable taxes due at lease signing. MSRP of \$40,995 on 2011 Tribeca (B.S.2.5). Advertised pricing consists of MSRP plus charges for Freight/PDI (\$1,525), Air Tax (\$100), Tire Stewardship Levy (\$29.20), OMVIC Fee (\$5), Dealer Admin (\$199). Freight/PDI charge includes a full tank of gas. Taxes, license, registration and insurance are extra. Models shown: 2011 Forester 2.5X Convenience Package (B.J.2.5). MSRP of \$28,095. 2011 Legacy 2.5GT (B.A.1 GTN). MSRP of \$38,595. 2011 Outback 2.5i Sport Package (B.D.1.5). MSRP of \$31,795. Dealers may sell or lease for less or may have to order or trade. Offers applicable on approved credit at participating dealers only. Lease based on a maximum of 24,000 km per year, with excess charged at \$0.10/km. Leasing and financing programs available through Subaru Financial Services by TCPC. Other lease and finance rates and terms available; down payment or equivalent trade-in may be required. Vehicles shown solely for purposes of illustration, and may not be equipped exactly as shown. Offers available until October 1, 2011. See Subaru Outaouais for complete program details.



**Enjoy reading our final winning favourite road trip story.**

**The year? 1972. Me?**

In college and on summer break. I'd just bought a brand new Honda - those were the days when you met "the nicest people on a Honda". I never told my folks I had a bike. Back then hordes of kids hit the road each summer and hitchhiked across the country. I was not going to be the exception but for the fact that I intended to ride my bike from Montreal to Ucluelet BC - I wanted to see the Nanaimo bathtub races, ride through the Rockies, tough it out as I crossed the Prairies and more, camping along the way. I left Montreal on a hot July morning - my parents thought I was going to be taking the train to Toronto - but I'd secreted my bike near the station. I spent eight weeks camping, exploring, staying in youth hostels and working at odd jobs to earn expense money while making my way across the country. I met great people, saw every inch of the westward Trans-Canada Highway, saw wildlife and met aboriginals, stayed on the nude beach at Wreck Bay and had the time of my life as I explored the nooks and crannies of our great country. Some of my very fondest memories are of the sights and sounds from almost every corner of Canada and to this day I ride motorcycles and try to take a summer road trip, carrying on the tradition I started some 39 years ago.

Our congratulations go to,

Bram Frank  
Dollard-des-Ormeaux, QC

**THREE CANADIANS RELIVED THEIR FAVOURITE ROAD TRIPS AND WON \$1,000 OF SHELL FUEL.**

Thank you to everyone for entering the contest and sharing your favourite road trip memories.

Congratulations to the three winners who each received \$1,000 of Shell fuel.

Remember that by fuelling with Shell Nitrogen Enriched Gasolines, you can help keep your vehicle performing at its best by protecting and cleaning engine parts from performance-robbing gunk.

Happy and safe driving!

[www.shell.ca/favouriteroadtrip](http://www.shell.ca/favouriteroadtrip)





# This Jeep should Command your respect

## SECOND GEAR



JUSTIN  
PRITCHARD  
DRIVE@METRONWS.CA

Taking a place above the Grand Cherokee in the Jeep brand's product line-up, the Commander was available from 2006 to 2010 inclusive. Based on the Grand Cherokee, it was blockier looking, bigger, and boasted three rows of seating and room for seven occupants.

Commander packed plenty of capability and traction on the road less travelled with the Quadra Drive II 4x4 system on board.

Look for features like heated leather seats, navigation, a driver computer, parking sensors, power accessories, remote entry, a sunroof and plenty more.

### 2006 to 2010 Jeep Commander



#### Engine

Look for a 3.7-litre V-6 with 210 horsepower, or a 4.7-litre V-8 with 235 horsepower until 2008, and 305 horsepower thereafter. Chrysler's 5.7-litre HEMI V-8 with 330 or 357 horsepower was also available, depending on the year. All models got an automatic transmission.



#### What owners like

Owners praise the stereo system, interior and exterior styling, and performance with the HEMI V-8. A comfortable ride, towing power, the braking system and Commander's off-road capability are also highly rated.



#### What owners dislike

Comfort and space in the Commander's second and third seating rows are common gripes, as is fuel economy and rearward visibility.



#### Common issues

Some issues have been reported with electronics, suspension and other systems by owners in online forums, though a Jeep mechanic should be able to check for and diagnose any of the Commander's common problems.

One such problem is a random engine stall-out situation that poses a safety risk. This could be caused by a transmission fluid filter or overly sensitive ignition switch. Ask the vehicle's seller if they've ever experienced this sort of problem.

#### Verdict

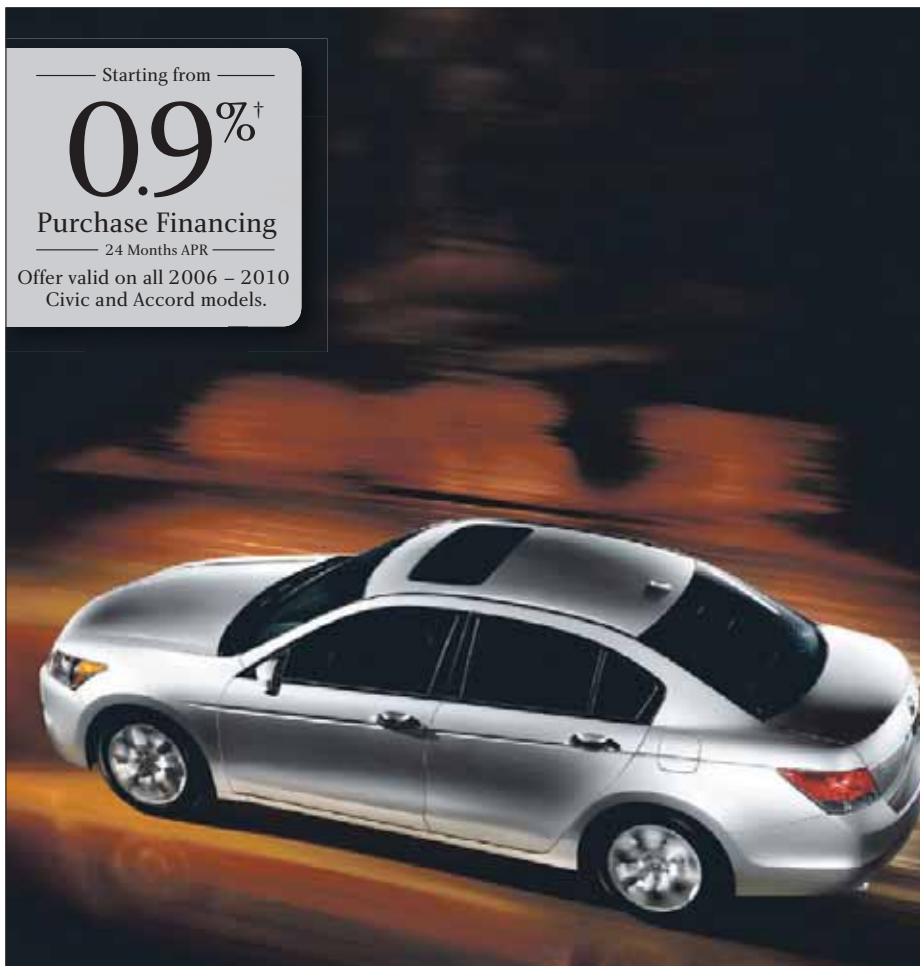
It's primarily styling, towing ability and off-road capability that will draw used vehicle shoppers to the Commander. If you're looking for good fuel mileage, you'd best move to another model.

Starting from  
**0.9%**<sup>+</sup>

Purchase Financing

24 Months APR

Offer valid on all 2006 – 2010 Civic and Accord models.



Buy a used car,  
get a used car.  
Buy a used Honda,  
get a Honda.

**Honda reliability. Certified.** When Honda certifies a used vehicle, you know it can be depended on. Every Certified Used Honda undergoes a series of thorough dealer inspections to ensure it upholds the reliability of the Honda name. You get the performance, safety and efficiency of a Honda, with the added assurance that comes with a factory warranty.

Find yours at [cuv.honda.ca](http://cuv.honda.ca)

- 6-year / 120,000-km transferable powertrain warranty
- 7-day / 1,000-km exchange privilege
- 100-point inspection
- CarProof Vehicle History Report

**HONDA**  
*Certified*  
Used Vehicles

Limited time Purchase Financing offer on Honda Certified Used Civic and Accord models available through Honda Financial Services, on approved credit. Offer only available up to 24 months on Honda Certified Used Honda Civic and Accord (2006-2010 model years). Finance example based on 2006 Civic model: \$10,000 at 0.9% per annum equals \$420.58 per month for 24 months. Cost of borrowing is \$94.02 for a total obligation of \$10,094.02. Taxes, license, insurance, registration and fees are not included. See your Honda dealer for full details. Dealer may sell for less. Additional financing offers available on 36, 48, 60 and 72 months. Offer expires December 31, 2011.



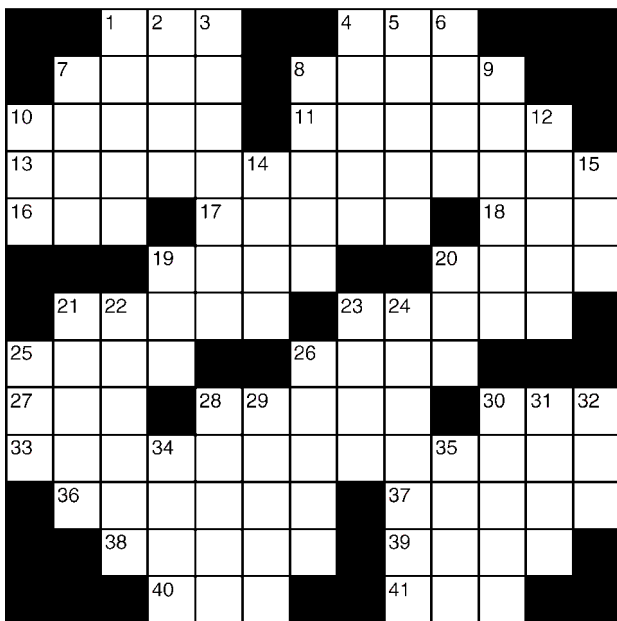
## Crossword

### Across

- 1 Suitcase
- 4 Gear tooth
- 7 Antitoxins
- 8 Bake, in a way
- 10 Curtain material
- 11 Environment
- 13 Breakfast choice
- 16 Historic time
- 17 Sensational
- 18 Winter ailment
- 19 Dilbert's workplace
- 20 Blood line?
- 21 Sports-page datum
- 23 Expositions
- 25 Greek H's
- 26 Senate employee
- 27 Actor Danson
- 28 Handy
- 30 Shock and —
- 33 Quahog
- 36 Throw off the track
- 37 Novelist Bret Easton —
- 38 Zodiac dozen
- 39 Chimney dust
- 40 "Married ... With Children" mom
- 41 James Bond, e.g.

### Down

- 1 Legendary catcher
- 2 Desert-like
- 3 Casino patron
- 4 Tex-Mex entree
- 5 Lubricated
- 6 Crossword diagram
- 7 Wound reminder
- 8 Smug look

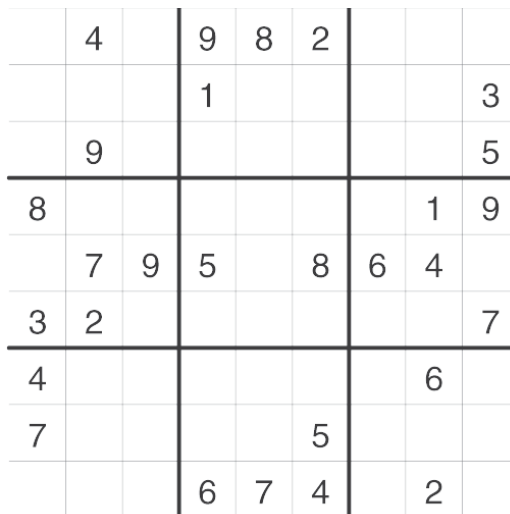


- 9 Illicit cigarette
- 10 That woman
- 12 Wrinkly fruits
- 14 English river
- 15 Pistol
- 19 Two, in Tijuana
- 20 Compete
- 21 Lieu
- 22 Core groups
- 23 Succumb to gravity
- 24 Eternal
- 25 Biblical verb suffix
- 26 Brooklyn-based beer brand
- 28 Grammarian's concern
- 29 Addams Family's "hired hand"
- 30 Metallic blend
- 31 Be patient
- 32 Summertime trio?
- 34 Faucet problem
- 35 Hoofbeat sound

### ► Yesterday's answer



## Sudoku



## How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

7	1	6	2	9	3	5	4	8
2	3	4	5	1	8	6	9	7
8	9	5	4	7	6	2	1	3
9	2	1	7	3	4	8	6	5
4	7	3	8	6	5	1	2	9
6	5	8	9	2	1	3	7	4
3	6	9	1	5	7	4	8	2
1	8	7	3	4	2	9	5	6
5	4	2	6	8	9	7	3	1

### Yesterday's answer ►

**Today**

**23°/16°**  
Partly cloudy

**Thursday**

**23°/12°**  
Variable

**You could win a Dell Laptop.**  
Watch your morning forecast from 5-11am for the word of the day.  
[theweathernetwork.com/dell](http://theweathernetwork.com/dell)

©The Weather Network 2011

## Today's horoscope

**♈ Aries March 21-April 20** If you are thinking of making changes, consult partners and colleagues.  
**♉ Taurus April 21-May 21** The good times just seem to go on and on. Enjoy yourself by all means but think of the future, too.  
**♊ Gemini May 22-June 21** In days, your luck will turn and you'll wonder why you doubted that the good times would soon be back.  
**♋ Cancer June 22-July 22** If you let other people order you around, they'll get the impression you're powerless. Stand up for yourself.

**♌ Leo July 23-Aug. 23** Someone will make an attempt to part you from your cash. He or she will succeed if you let down your guard.  
**♍ Virgo Aug. 24-Sept. 22** Any projects you started that are not completed can be abandoned.  
**♎ Libra Sept. 23-Oct. 23** Your self-confidence may have taken a few knocks but don't let it worry you. You'll be at your best soon.  
**♏ Scorpio Oct. 24-Nov. 22** How you think determines how you feel, and how you feel determines your everyday reality.

For today's crossword answers and for expanded horoscopes, go to [metronews.ca](http://metronews.ca)

**♐ Sagittarius Nov. 23-Dec. 21** People in authority will look kindly on you today. That's great.  
**♑ Capricorn Dec. 22-Jan. 20** Recent triumphs have done wonders for your confidence. Now, you will be tested like never before.  
**♒ Aquarius Jan. 21-Feb. 18** By week's end, many of your problems will resolve themselves.  
**♓ Pisces Feb. 19-March 20** If you need to make changes to a partnership, do so before the Sun changes signs on Friday.  
**● SALLY BROMPTON**

## Caption contest



**WIN! You write it!**  
Write a funny caption for the image above and send it to [play@metronews.ca](mailto:play@metronews.ca) — the winning caption will be published in tomorrow's Metro.

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THE BEST-SELLING PASSENGER CAR BRAND IN CANADA!†

THE **2012** MODELS ARE HERE

**0%** FINANCING FOR UP TO **60** MONTHS

5 REASONS WHY HYUNDAI IS THE BEST-SELLING CAR BRAND IN CANADA.

### 1 SAFETY 2012 SONATA

5-STAR SAFETY RATING\*

OWN IT  
**\$188\***  
BI-WEEKLY  
PAYMENT

WITH  
**0%**  
FINANCING FOR  
60 MONTHS

 HIGHWAY  
5.7L/100 KM  
50 MPG\*



SELLING PRICE: \$24,400\*  
NO DOWN PAYMENT  
SONATA GL 6-SPEED. DELIVERY, DESTINATION  
& FEES INCLUDED. PLUS HST.



Limited model shown

### 2 PERFORMANCE 2012 GENESIS COUPE

A NEW CALIBRE OF SMART PERFORMANCE

OWN IT  
**\$205\***  
BI-WEEKLY  
PAYMENT

WITH  
**0%**  
FINANCING FOR  
60 MONTHS

SELLING PRICE: \$26,600\*  
NO DOWN PAYMENT  
GENESIS COUPE 2.0T 6-SPEED.  
DELIVERY, DESTINATION & FEES  
INCLUDED. PLUS HST.

 HIGHWAY  
6.6L/100 KM  
43 MPG\*



2.0T model shown



GLS model shown

### 3 FUEL EFFICIENCY 2012 ACCENT

BEST-IN-CLASS FUEL ECONOMY\*

OWN IT  
**\$106\***  
BI-WEEKLY  
PAYMENT

WITH  
**2.90%**  
FINANCING FOR  
72 MONTHS

SELLING PRICE: \$15,130\*  
NO DOWN PAYMENT  
ACCENT L 5DR 6-SPEED.  
DELIVERY, DESTINATION & FEES  
INCLUDED. PLUS HST.

 HIGHWAY  
4.9L/100 KM  
58 MPG\*



Limited model shown

### 4 DESIGN 2012 ELANTRA SEDAN

2011 BEST COMPACT CAR – AUTOPACIFIC VEHICLE SATISFACTION AWARDS\*

OWN IT  
**\$144\***  
BI-WEEKLY  
PAYMENT

WITH  
**2.90%**  
FINANCING FOR  
60 MONTHS

SELLING PRICE: \$17,380\*  
NO DOWN PAYMENT  
ELANTRA L 6-SPEED. DELIVERY,  
DESTINATION & FEES  
INCLUDED. PLUS HST.

 HIGHWAY  
4.9L/100 KM  
58 MPG\*



Limited model shown

### 5 UTILITY 2012 SANTA FE 2.4L GL AUTO

2011 BEST-SELLING IMPORT SUV IN CANADA†

OWN IT  
**\$219\***  
BI-WEEKLY  
PAYMENT

WITH  
**0%**  
FINANCING FOR  
60 MONTHS

SELLING PRICE: \$28,395\*  
NO DOWN PAYMENT  
SANTA FE 2.4L GL AUTO. DE-  
LIVERY, DESTINATION & FEES  
INCLUDED. PLUS HST.

 HIGHWAY  
7.2L/100 KM  
39 MPG\*

**5 YEAR**  
**WARRANTY**  
100,000 KM

5-year/100,000 km Comprehensive Limited Warranty  
5-year/100,000 km Powertrain Warranty  
5-year/100,000 km Emission Warranty

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**Pathway Hyundai**  
1375 Youville Dr.  
Orleans, 613-837-4222

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293 Pigeon St.  
Rockland, 613-446-2220



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